

**USA Meeting Minutes**  
**August 5, 2016 | Utah Valley University | 12:00 PM CB-510**

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**Attendees**

- Birch Eve
- Kylie McGill
- Sarah Ramaker (via skype)
- Ashley Waddoups
- Bailey Dalton (via phone)
- Avery Harding
- Tyler Cornia
- Phill Raich
- Jack Bender
- Connor
- Marissa King (Advisor)

**Not in attendance:**

- Benjamin Pok
- Gregory Woodfield
- Arturo Salazar

**Guests in Attendance included:**

- India Nielsen
- Kason (Intern with Governor's Office)

**Main Motions**

- Birch asked for a Motion to approve Kylie McGill as chief of staff. Jared moved, Ashley seconded. The motion carried with a unanimous yes.
- Birch asked for a motion to approve Tyler & Sarah's travel budget approval of \$242.21. Phill motioned, Jared seconded. The motion was carried with a unanimous yes.

**Campus Cup Challenge**

- India Nielsen from Lt. Governor's Office explains what campus cup is. Put name of school and best person to contact. Voter Registration and voting drive. It encourages students to register to vote either through paper or online. [Voter.utah.gov/USU](http://Voter.utah.gov/USU) (etc.) to keep track of how many people from each school.
- Must include your school's hashtag. The winner of this gets the campus cup trophy for 2 years until the next election cycle.
- Avery said they use turbo and asked how that will work-- vote will be counted as a paper registration if you let them know

## **CAMPUS UPDATES**

### **Tyler (SUU):**

- Was able to meet with the VP of Student Affairs. All the VP's were on board with mental health and think it's great that we're continuing it.
- One of the regents was very on board with it too and he thinks doing this for another year is really awesome.

### **Avery (BYU):**

- Wasn't able to meet with university president but met with VP of Student Life. They're altering the letter to be a bit more BYU specific as they pass it on to President Worthen. Women's resources will work together with them this year.
- Wants to look more into utilizing NAMI on campus

### **Ashley (USU):**

Their president asked them to help with the cause which is awesome.

### **Birch (UVU):**

- Able to meet with President Holland and Michelle Taylor (VP of student Affairs). At the end of the day, what do we want to happen with mental health? Lines within letter that President Holland didn't particularly agree with. Other than that, he's very supportive of mental health initiative. Let's work with our VP's! Getting ready for school to start. We're increasing in enrollment.

### **Bailey (Snow):**

Read letter to her team in July training and they come up with a bunch of ideas they'd like to start.

- Implement walking Wednesday idea. Counseling open—in the process of approving budget wise. They have a few people volunteering on the committee
- Stress Less week December 5-9<sup>th</sup>. Do good campaign, focus on how to get rid of stress on campus (puppies, etc.).
- Backpacks for the committee. Backpack display would be awesome!

### **Sarah (DSU):**

- President is grateful that we're pushing mental health again.
- The voice of students is very strong in Utah. Athletic Branch is now a part of their student government. Working on re-branding a lot of their logos. VP of service is visiting all schools to collaborate.

### **Phill (USU Eastern):**

- Met with Chancellor Peterson (president equivalent) Read the letter and is very on board with it. It's hard because he's all about "Communities that Care" (drug abuse) but still believed it would benefit people.
- They were down in counselors because they were on "short term leave" and weren't allowed to be replaced. Because he's on long-term leave now, they're allowed to hire another counselor.
- Initiating a hotline training on how to deal with crisis situations.

#### **Jack (UofU):**

- Hasn't met with his president yet but he knows he's on board. Legislature can help them out as well. His VP's have to put on some kind of program to benefit students. This year they will all be working on mental health. Concert September 16<sup>th</sup>.
- Platform goal of transparency. Re-branding their website and making sure students have access to difference resources.
- Trying to lower athletic fees.

#### **Connor (SLCC)**

- They have been working very closely with the counseling center this next year. Group in lifetime activities center that is creating a plan with them for upcoming year.
- Concert with James the Mormon.
- Just got a grant from the TRUTH. Trying to have a 100% smoke free campus working with senate and executive council.

#### **CAMPAIGN INITIATIVES/IDEAS**

- Active Minds cards idea
- Hope wall
  - People took Polaroid's and wrote down something that gives them hope. It started a lot of awesome conversations in a real, genuine way. He referred 15 or 20 people to therapists just by standing at the wall! USU's mental health week is the first week of April. Simple, costs about \$500 total.
  - Generalized hashtag with USA logo
- USA Swag
- Out of the Darkness Walk
- Stop the Weight (the same or similar across all campuses)
  - Should also have a "wait" so people don't think the campaign has to do with body image.
- Coordinate mental health week around the same month (March?)
- Birch wants every student body president to be on board so they're confident to talk about it.

**DATES:**

**Education Summit:** September 13<sup>th</sup> @ UVU All Day.

Prime time to address our concerns with mental health. There will be a Q&A panel and opportunity to talk with community leaders of what we can do.

People who can make it:

- Baylee
- Phill(?)
- Ashley (early morning)
- Jared (afternoon)

**Budget Meeting:** August 17<sup>th</sup> Location & Time TBD

**Higher Ed Day:** Friday, February 17<sup>th</sup> 2017

- Very important-- Everyone should go!

**Vice Presidents Council Meeting:** September 28<sup>th</sup> from 10am-1pm (Location TBD)

15 minutes at beginning to give presentation and focus on what each university needs when it comes to mental health. Part of your responsibility to get that info back to USA.

Tyler: I think it would be helpful to say exactly what we need to fix the problem and not just state that mental health is an issue.

**SLC board of Regents Office** presenting letter to Dave Buhler. Date TBD

**RAPPOR // CREDIBILITY // TRANSPARENCY**

- Establishing Facebook.
- Google Drive
- Create a website with agendas, minutes, mission statement, bio of each member, etc.
- Need logo re-done

**COMMITTEE UPDATES:**

- Tyler and Ben on legislative committee with Ashley.
- Ashley read the revised letter and got everyone's feedback.
  - Phill: It may seem too harsh and come off too strong. Maybe we need to re-evaluate the letter.
  - Birch thinks President Holland will accept it with open arms!
  - We want to get our legislatures on board with this! Spencer Jenkins said that at least we're getting something for legislatures to grapple with.
  - Emphasize that this is coming from USA AND the schools. Let the students take credit for it because we're working with them
  - Emphasize that this is coming from USA AND the schools. Let the students take credit for it because we're working with them

## Adjournment

Jack moved to adjourn the meeting, Phill seconded. Meeting was adjourned at 2:15pm.

### **ACTION ITEMS:**

**To be completed by next USA Meeting, September 10<sup>th</sup> unless otherwise noted:**

- Send Kylie head shots and bios
- Try to meet with your University President if you haven't already. At least email the letter by August 17<sup>th</sup>.
- Once Ty Aller sends out Qualtrics survey, meet with your health director to get them thinking more. Cater questions to your school's specific needs and CC your VP of Academic Affairs, president, etc. What would it take to enhance a support program through their office?
- Send Ty ([ty.aller@aggiemail.usu.edu](mailto:ty.aller@aggiemail.usu.edu)) the following
  - Academics contact at your school so his votes are being equally represented.
  - What your campus specifically has and needs
- Send Sarah ([dsusapresident@dixie.edu](mailto:dsusapresident@dixie.edu)) top 2 or 3 most successful mental health activities done in the past so she can compile them.
- PLEASE be on time to USA meetings and make them a priority!! If we don't have quorum, we won't be able to approve any motions.

Sarah:

- Have a few mock-ups of mental health campaign logo/design from USA
- Look up prices/how much swag to order (Buttons? Bracelets? Other?)

**USA Meeting Minutes**  
**September 10, 2016 | University of Utah | 12:00 PM UB-234**

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**Attendees**

- Birch Eve                    I UVU
- Sarah Ramaker            I DSU
- Ashley Waddoups        I USU
- Kylie McGill              I Chief of Stuff
- Bailey Dalton             I Snow
- Avery Harding            I BYU
- Tyler Cornia              I SUU
- Phill Raich                I USU Eastern
- Jack Bender               I U of U
- Benjamin Pok             I Westminster
- Gregory Woodfield      I Weber
- Arturo Salazar            I SLCC
- Marissa King (Advisor)

**Not in attendance:**

- Ty Aller (Student Regent)

**Main Motions**

- Birch asks for a Motion to approve the Fall 2016 Budget of \$2,365.00. Tyler moves to approved, Phill seconds. The motion carried with a unanimous yes. This includes travel, food, website, etc.
- Birch asks for a motion to approve the 2 new USA logos. Jack moves to approve, Tyler seconds. The motion carried unanimously and logos were approved.

**Welcome**

Birch welcomed everyone and thanked them for traveling to the U. Reminded everyone to pay USA fees to Sarah (Dixie State) by **Saturday, September 17th**.

**Constitution Revamp**

Birch would like to work on re-wording and fine tuning the USA mission statement and constitution as a whole. Sarah is the point of contact since her Chief Justice will start working on it with the help of the USA Presidency.

**Education Summit:**

Tuesday, September 13th @ UVU

Will highlight what the USA is, mission and purpose, and specific initiative this year of Mental Health Awareness. He'll also highlight the Mental Health Letter that was sent to University Presidents and discuss the importance of this issue. Everyone is encouraged to attend.

Avery: Is there anything else you need us there for at Education Summit or is just to show support?

Birch: We're looking for support. Please wear a polo or nametag or something that identifies your school.

**USA Focus:**

Birch: In reality, no one really knows what we as student body presidents are going through other than the people in this room. I would like to institute a 15-20 minute segment where you can bring up anything you need help with on campus, council members, etc.

Benjamin: Did anyone else have to submit every letter to the elections committee for approval? Everyone agrees with Ben that this is a little overboard and is something worth looking into.

Avery: We're really careful about on campus approval. It actually works though.. We had 25% voter turnout. We had 17 different Q&A's for different organizations throughout campus. I felt like it really helped us meet a lot of new people and share our campaign.

Jack: Doing an info fair on ASU. Have 8 different posters (Picture included under picture folder)

- What is your student government doing for you right now?
- What would you do or change as student body president?
- What is the associated students of the university of Utah?
- What if I wanted to start my own political party for student elections?
- I am interested in running for a student elected position, now what?
- How can I network with other politically minded students?
- Where do student fees go?
- How can I get elected?

Turning point USA gave people running \$30,000 to run their campaign-- they ended up losing and are now on U of U's campus.

Avery: What's in it for them?

Jack: They want students to change legislations and policies. They're like a superpack with millions of dollars... I would definitely put a cap on spending for elections.

**CAMPUS UPDATES**

**Gregory (Weber State):**

- We have 135 leaders total hired.
- I was able to send off the letter and the president council approved \$95,000 for 2 doctoral program interns.

- We had someone take his life this year. The work that we're doing isn't going unnoticed! New Hope: in high schools and colleges throughout Utah... Upcoming walk in Ogden.

**Bailey (Snow College):**

- 2 of our 3 advisors quit (Sean and Jill), so we just have our director right now.
- I've been training people and now have a step by step outline of what we're going to do for the next 2 years.
- We now have 3 full-time counselors and got \$20,000 approved for the Mental Health Initiative. We also added a liaison between student government and wellness center.
- All my team is QPR trained and we have things almost once a week as far as mental health.

**Phil (USU Eastern):**

- The school as a whole is doing fantastic. Enrollment is down but activities are successful. We've never had so much activity and involvement.
- Finally getting a new counselor this year.
- I had 2, possibly 3 team members quit with only 18 people total so we've been impacted by it
- Scholarships for Student Association have not been evaluated in a long time. Student Body President doesn't even get full-ride! RA's get free housing and food. Average member on my team only gets \$900 a semester.
- Still battling a lot with Utah State.
- "Eagle Stress Line" phone line held for students who are feeling the stresses of college.
- October 14th @ 7pm Light Bright Dance.

**Jack (U of U):**

- We have 6 full time staff here and 4 of them left. Rob is our financial advisor who is luckily still here. Just re-hired 3 new office directors and an office staff. I kind of ran things by myself this summer which was nice.
- Increase the amount of counselors they have- were able to add 1 more. University is on board with the letter.
- Recently spent \$40,000 re-doing our office. Had over 100 people come to the office whereas before they would get an average of about 5 to work, hangout, etc.
- Friday we have a huge Jeremiah concert (\$140,000).
- Red Book is the book of our constitution and bylaws. Currently 87 pages-- working on changing entire elections process.
  - President and VP will be a party, everyone else with run independently.

**Arturo (SLCC):**

- We hope that we can keep all the leaders we have. Several have to leave for financial reasons or transferring to other schools.
- Team meets every month to discuss problems, issues, etc.
- Mia Love coming October 10th @ 6pm. Everyone invited.



- Enrollment was down 1% but now it's back up again. President was happy with the letter. Working on It's On Us Campaign for sexual assault awareness. Trying to host city meetings or anything that has to do with local governments. Clean air challenge in summer and winter as well.

**Ashley (USU):**

We were able to pass a letter that got national recognition!

**Birch (UVU):**

- Everyone has been doing really well. Just about to finalize 25 year plan which they took a lot of student feedback on, especially with athletics.
- Able to speak with mental health services director, he's all for it.
- Val Peterson is a legislature and also VP at UVU.
- On the agenda for the next president's council and has gotten a lot of great feedback.
- On behalf of myself and the presidency, THANK YOU for taking this seriously and all the work you're doing!

**Sarah (DSU):**

- Biggest freshman class they've ever had which was awesome. Told them how they wanted the campus to feel when people set foot on campus.
- Got over 1,000 students at their first football game compared to about 50 in the past!
- A student may have drug overdosed

**Avery (BYU):**

- Had a service project and activity every single day. 2,000 students were served every day. 5,000 students at Fall Fest which was awesome. They focused on service projects and built an atmosphere of community on campus.
- Return appointment is only 1-2 weeks. We're not trying to hire new employees because we have enough staff.
- Working with sexual assault and title 9. There's a committee working on revising the honor code and will present to the President soon. Working with NAMI as well.
- Sits on commencement committee. About 200 volunteers that come in each week.
- Planning a BBQ to help unify everyone.

**Ben (Westminster):**

- 100th birthday last year. Doing a 5k in honor of the president's 101th birthday.
- A scholarship Gala for first generation students is coming up.
- Coming out with a new logo.
- Just hired a new VP of diversity.
- All the FYE (first year experience) students received bi-standard intervention training.
- The university didn't want student input on their title 9 policy. They weren't going to let students have access to it but now they are and there will be an open session.
- First time in history a student body president has ever sat on a presidents council.

### **Ty (SUU):**

- App is up and running-- super happy with it and it looks up to date. Has a QR code and works with student ID.
- Office is always buzzing with people which is awesome.
- Dan Chiro gave them a diversity training which was great for the students. Once a month they have knocking parties just to talk to students and get feedback.
- Deciding whether or not they should stick with parties or run individual.
- Working on a tobacco free campus.

### **LEGISLATIVE UPDATE**

Ashley:

- We want to encourage you to pass similar legislation on your own campuses.
  - Shows ECB 2017 file.
- Created list of student Officer who would be willing to make those edits, change it, and present it.
- We can't do this alone. I just want to reinforce the fact that I really need your help in responding. I really do value your input! I know you're busy but please give me the info for this now.

Ben: I would be willing to declare it on my campus but I would like to have a side conversation of how this came about and more info, etc.

Greg: I had a meeting with the president and VP of student affairs and they felt it puts the administration in a pickle. People get in a defensive mode but I just want to know, like Ben, more details on how I could tactfully do that? When I emailed him, he said to not declare it a crisis and that they didn't want to blast it across the news. It obviously is a crisis though... we just had someone commit suicide.

Jack: You can work with a PR person at your school who will find a why to tactfully get your point across without burning bridges.

Arturo: Clearly explaining what your intentions are could help.

Birch: The way Ashley did it and the way I think is best is to say "We want you to be able to do more than what you're already doing". We're teaming up with all the students and letting them know this is important to us. If president says no, say "well we want to do something, will you help us?" Can you imagine the momentum if we go about it the right way?

**Marissa: Yes, you were elected but only for a short amount of time. It is not uncommon for the administration to wait you out. If you really want to make an impact, you need to know your administration and know how to work with them. There are certain strategies that have to be played in order for you to have an impact. You have to be bold, but the delivery is essential! Do it smart, do it right, and according to the needs of your students and not the needs of yourself!**

Birch: Even just supporting it with a document that says Utah has a mental health crisis is something.

Ashley: Looking into a resolution to bring to the house and the senate and co-sponsors for the bill. If you have contacts, ask them if they would be willing to champion that cause with us. Every school has a person we'd like you to reach out to. It can be brief!  
"Hi, I'm the president of this organization... Just want to thank you for all you do..."

## **MENTAL HEALTH CAMPAIGN**

Sarah (DSU):

If we reach out to more people, the wait times are going to be less. Campaign Objective Paper (see "2016-17 New Initiatives" folder of google drive for more info)

- Letter Project
  - Putting letters in counseling centers to counseling can pass them out to people as they leave.
  - Put a note on the outside "If this inspired you in some way, please share on our social media page...."
- Backpacks
  - Will hold off on this idea for now
- Hope Wall
  - Put a note on the outside "If this inspired you in some way, please share on our social media page...."
- Hello Walk
  - -Writing on a main traffic way of campus with chalk positive encouraging words. Invite members of the art department to create really beautiful pieces.
- Spread Positivity
- And So I Kept Living
- Semicolon Project

Ben: Could you talk more about the "And so I kept Living" project? Sarah clarified and Ben loves the idea.

Avery: How do you want to collect the letters? Not that I don't trust the students, but I think we need someone to filter the letter to make sure they're what we're looking for.

Birch: You can do it for your council, a group of students, events, etc. Sound Bites that supports and encourages mental health awareness.

## **ADJOURNMENT**

Birch asked for a motion to adjourn the meeting. Ben moved to adjourn the meeting, Greg seconded. Meeting adjourned.

**ACTION ITEMS:**

- Pay USA fees to Dixie by **Saturday, September 17th**. Sarah is taking over the budget.
- Add your school's elections packet to "Elections" Folder on the drive
- Upload your headshot and Bio if you haven't yet-- Kylie needs these for the USA Facebook page now and eventually the website!
- Like "Utah Student Association" on facebook. Once it's more finalized, I will invite you all to invite people to like it.
- Look at 2016-17 New Initiatives folder and start working on a Campaign for your university. Utilize your council members and events that are already happening!

**DATES:**

- Education Summit // September 13th @ 3:00pm at UVU.
- UPSIL // January 25-27 in Southern Utah. January USA meeting will be planned around that.
- Mia Love // October 10th @ 6pm at SLCC.
- Pay USA fees // September 17th.
- **Next USA Meeting // Friday, October 14th from 6-8pm @ UVU.**

**USA Meeting Minutes**  
**October 14, 2016 | Utah Valley University | 6:00 PM SL-114**

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**Attendees**

- Birch Eve I UVU
- Sarah Ramaker I DSU
- Ashley Waddoups I USU
- Kylie McGill I Chief of Stuff
- Avery Harding I BYU
- Phill Raich I USU Eastern
- Jack Bender I U of U
- Gregory Woodfield I Weber
- Arturo Salazar I SLCC
- Benjamin Pok (called in) I Westminster
- Bailey Dalton (called in) I Snow
- Marissa King I Advisor

**Not in attendance:**

- Ty Aller I Student Regent
- Tyler Cornia I SUU

**WELCOME**

Birch welcomed everyone and thanked them for coming to UVU for the meeting. Headshots for the facebook page and website were taken of everyone present. Still needed at next meeting: Bailey, Ben, Ty, and Tyler. (Advisors?)

**CAMPUS UPDATES**

**Avery (BYU):**

- Her and Addie met with health directors.
- Had their first elections interest meeting.
- Got the funding to revamp their student center! Visited several campuses and looking for ideas. In a bit of a rush trying to get feedback to make a decision by end of the year.

**Gregory (WSU):**

- Focusing on the students. Did a chalk day where students wrote notes to people.
- Homecoming was a success-- rebranded their student section. Biggest turn out in Weber State history!

**Sarah (DSU):**

- Dixie keeps getting bigger and better! Just trying to keep up.

**Birch (UVU):**

- Service week. I love \_\_\_\_\_ about me! Campaign. Put balloons throughout school.
- UVU student Kenzie had her 1 year anniversary since the day she was released from the hospital.
- We have a small portion of time at the next Board of Regents meeting.

**Ashley (USU):**

- USUSA hosted someone who spoke on healthy sexuality.
- Working on wellness fair called "Destress Fest". Will hopefully increase student's awareness. Puppies, counseling center doing free screenings for people to see how anxious they are, cotton candy, etc.

**Jack (UofU):**

- Got a letter to go through their senate. Went to the board of trustees and they were very interested in it. They are going to try to reach out to their friends who are legislatures.
- Changing from Coke to Pepsi for money purposes (more profitable).
- Their office environment is really improving!

**Arturo (SLCC):**

- Counseling Center director Lori has tried to do a campaign through student leaders which gives vouchers for therapy sessions. Training them on how to be a voice for students who are struggling.
- Working on getting more access to students for mental health sessions. Doing a breakfast for past student leaders that creates a scholarship! Had about 60 people there.

**Bailey (Snow College):**

- Her administration was concerned that Bailey was going to do a similar thing that Ashley did at Utah State declaring a mental health crisis. She created a "True Badger".
- Committee of 30 people to assess the needs of Snow College and what they can do as a collective group coming from the student leaders all over campus.
- Just hired 2 new full time health counselors. Last weekend they had a suicide, first in 3 years.

**Ben (Westminster):**

- Students didn't like a policy about not being about to consent. Tried to calm everyone down and got things taken care of.

- Had students take a short survey assessing their health. 500 participated, 100 made appointments!
- NAMI is increasing their presence at Westminster.

## **GUEST SPEAKER**

### **Carlos from NAMI**

**Title:** Young adult Involvement Coordinator.

**Email:** [carlos@namiut.org](mailto:carlos@namiut.org)

**Phone:** 435-313-3688

- NAMI State Office is in West Valley.
- NAMI founded in 1979-- they know what it's like and they want to help!
- Mission: To ensure the dignity and improve the lives of those who are affected by Mental Health Illness.
  - Mentors
  - Support Groups
  - Facilitators
- They have mentors who help navigate the mental health process with counselors, etc.

### **HOW WE CAN HELP:**

- Advocacy Trainings. Take advantage of Higher Ed Day talking to Legislatures. Have student leaders (other than student government) at the hill with you.
- Branding. You can use NAMI-National Organization- to help your cause.

Ashley: We're trying to do some legislation to get more counselors. If you have any contacts, please let us know!

Carlos: Representative Eliason is awesome and did the suicide prevention.

Avery: What's the background/process of NAMI representatives on different campuses?

Carlos: Each campus should have one. Right now, I'm the contact person for that.

Arturo: I think it would be beneficial to have a talk to other groups before we go to the Capitol to make sure they have the same idea we do. LGBTQ, etc.

Sarah: You could train us, we could train the people coming.

**USA FOCUS, Kylie**

- USA Mental Health Video has reached over 33,000 people with 150 shares
- Send Kylie stories for facebook page! We want to highlight students who are doing something to #stopthestigma
- Suicide Lifeline and Crisis text cards are available for everyone under the “Campaign” folder
- Elections packets have been compiled and are on the drive under “Elections”

## **COMMITTEE UPDATES**

### **Mental Health Campaign, Sarah:**

Made a mockup of “Note to self” papers that will have each school’s individual logo.

Ben: To launch this, are we going to release a big video or something to promote it?

Ashley agrees, thinks it’s critical.

Sarah has a really awesome PR guy who would like to help out in making a promo video.

Birch would like each institution involved in the video somehow. First 10 seconds could be of student body presidents introducing it. Total of about 50 seconds of campaign and how it will benefit the students.

Meeting Friday, January 27th-28th. Plan a retreat! Make it like a summit.  
Budget. Sarah will make a proposal to approve in November’s meeting.

Avery: Could we hike the narrows together or do something awesome??

### **Legislative Initiative, Ashley:**

Nationally it’s recommended that there is 1 counselor to every 1,500 students.

Jack: I was talking to our President and the VP of Student Life and they said the best way with legislation is to give them a formula so they don’t start nitpicking.

SUU is estimated 8 weeks out in waiting times. See google drive for health counselor document.

We still need a lot of work on this, but this is just what we’ve done so far. We’ll definitely want to do full time enrollment.

Greg: It might be good to break down students on campus vs. students off campus. It would be interesting to see how it all breaks down.

Let us know if you have any feedback or ideas!



Birch: I will work with you in contacting Representative Eliason

Please re-send survey for your mental health directors to take. This is the only quantifiable way we can think of to ask for money.

### **How can we as a presidency better facilitate these meetings?**

Greg: Talked about the importance of seeking feedback and holding people accountable. He's followed up with people and makes it a point that this is something they're all doing together as a team. He will send article that got featured.

### **Ashley: Any other ideas to bring more attention to this?**

Jack: We're going to submit our letter to the campus newspaper.

Birch: It would be good to have a little card that shows the data for day on the hill. It would also be nice for the institutions to have. Make it short, simple, and easy to tell what we're asking for. Wants a template ready to go by the next time we meet.

### **MAIN MOTIONS**

- Greg motions to have the next USA Meeting on December 3rd at 11am at UVU. Jack seconds. All in favor.
- Meeting adjourned but I didn't catch who made the motion-- so sorry.

### **ACTION ITEMS:**

- Look at 2016-17 New Initiatives folder and start working on a Campaign for your university. Utilize your council members and events that are already happening!
- Re-send survey to mental health directors or respective representative (So far we only have UVU, USU, and SUU)
- Send Kylie Mental Health stories, experiences, or pictures to post on facebook page

### **DATES:**

- **Next USA Meeting // Saturday, December 3rd from 11am-1pm @ UVU.**
- UPSIL // January 25-27 in Southern Utah. January USA meeting will be planned around that.

**USA Presidency Meeting Minutes**  
**October 14, 2016 | Utah Valley University | 4:30 PM SL-122**

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**Attendees**

- Birch Eve
- Sarah Ramaker
- Ashley Waddoups
- Kylie McGill
- Ty Aller (via phone)

**BUDGET REVIEW**

Sarah is working on a better system for the budget to be transferred. Possibly run it through UPSIL?

**Next Meeting:**

December 3rd? If not, November 19th

**USA FOCUS**

- The main purpose is our unity. It's our responsibility to be here and make it a priority.
- If you can't come, SEND A PROXY and let Kylie or Birch know at least a week in advance.
- We're doing a lot of good work! We have a ton of momentum and have done incredible things.
- USA has a say in the Board of Regents which is awesome
- Every campus is different- the approach will vary
- Talk about discussion topics in next meeting

**Other**

Ashley is having a distress fest November 18th. Cotton Candy, dogs, etc. "Kindness kits" with school supply like things and will stick their notes with it.

**Higher Ed Day:**

Sarah will reserve room from 8am-3pm

Select only 7 people to come

Meeting adjourned.

**USA Meeting Minutes**  
**December 3rd, 2016 | Utah Valley University | 11:00 AM SL-114**

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**Attendees**

- Birch Eve I UVU
- Sarah Ramaker I DSU
- Ty Aller I Student Regent
- Kylie McGill I Chief of Staff
- Avery Harding I BYU
- Phill Raich I USU Eastern
- Jack Bender I U of U
- Arturo Salazar I SLCC
- Benjamin Pok (called in) I Westminster
- Bailey Dalton (called in) I Snow
- Tyler Cornia I SUU
- Marc DeYoung (proxy) I Weber
- Marissa King I Advisor

**Not in attendance:**

- Ashley Waddoups I USU

**WELCOME**

Birch welcomed everyone and thanked them for coming to UVU for the meeting. We now have everyone's headshots that will be up on the facebook page and website soon.

**CAMPUS UPDATES**

**Jack (UofU):**

- They have over 600 organizations on campus that reaches out to over 10,000 students
- Working on re-structuring university policy and bylaws
- Passed elections bylaws and doing an independent election which he doesn't see people having an issue with
- Got support from president to not exceed 600 million dollars for athletics
- Sexual Assault on campus on Halloween-wearing a mask. Woman was held at gunpoint in most popular parking lot at noon
  - Took them 3 hours to get a text message out because they had to figure out what the actual facts were.
  - President wants to put a task force together by the end of the semester. They've realized that the It's On Us Campaign isn't enough.
  - Adding 500 more cameras on campus.

### **Bailey (Snow)**

- Haven't had much success in students running for elected positions so all judicial positions will now be appointed.
- Working on starting an Interfaith Council. "DO GOOD" campaign focuses on the individual worth of each student.

### **Avery (BYU):**

- Elections have started! Everything will be finalized March 2nd.
- Sexual Assault Committee made changes to how BYU handles process.
  - To create a new full time title 9 coordinate position
  - Advocate position
  - Office separate from honor code office
  - Title 9 office does not share info of honor code office without consent
- Student advisory council
- News got out that Addie and Avery were going to take out Memorial Hall but that's not true- They were going to enhance the memorial hall and allow ROTC to move it if they wanted it in a place where more students could see it. Working with university relations to put out a statement and collaborating with ROTC.

### **Phill (USU Eastern):**

- Downsizing student association from 17 members to 13 and revamping scholarships.
- Working on a plan for budget committee to fund:
  - Moving of the bookstore from the student center
  - Renovate the library to hold the bookstore

### **Arturo (SLCC):**

- Fitness Center at south city will be done in 2017.
- Changes to Jordan campus
- Interfaith celebration- trying to reach out to all religions on campus
- SLCC completion rates being looked at
- They don't receive as much money as they should for the size of school they have

### **Tyler (SUU):**

- Improving the library and PE building hours. Library is open an extra 2 hours (til 2am) 2 weeks before finals. PE building hours on Saturdays changed for a trial run.
- Working on a thunderbird statue. 1% of all money received from state should be used for artwork.
- 45-60 assistants (committee members)
- 1,500 freshman have downloaded the SUU app. 3,000 people open the notifications sent through that.

- Using a company like redbox to go onto newer places on campus
- Counseling Center is stabilized at a 4 week wait time (last year it was 12)

### **Ben (Westminster):**

- Would love to go to APAC with student association
- Over 80% of classes were canceled or students didn't come. Proposed to university president to add counselors because it really shook students.
- Social media campaign for marginalized groups on campus.
- "Dear World" Campaign. Dearworld.me (like humans of New York)
- Sanctuary Campus Petition asked administration to address tuition and financial aid on campus. Each institution doesn't have to provide info on undocumented students. Will come out with a statement saying Westminster is a Sanctuary Campus.

### **Marc DeYoung (Weber):**

- Not obligated to have any open meetings or recordings.

### **Birch (UVU):**

- Students in the state of Utah have a stronger voice than they've ever had before!
- President Holland put out a video after the nasty paper put up in the classroom building after the election. Loves that UVU addressing these things quickly and effectively.
- Looking into publicizing what to do if there is a shooting or stabbing on campus

### **Sarah (DSU):**

- Got to veto a bill. Self-defense class needed over \$4,000 for new mats and she didn't want it to come from student fees.
- Packaged a lot of meals for people who didn't have a thanksgiving
- Multi cultural committee part of student government
- New memorial on campus
- Looking into getting connect care for students on campus
- Putting together a Hope Squad on campus
  - Peer led group that empowers students to reach out to other students

## **COMMITTEE UPDATES**

### **Legislative- Birch**

- Presented to the Board of Regents. Showed video and handed out new USA Fast Fact Sheets
- Representative Ed Red is working with Ty and Ashley to put a resolution together. Ashley will present on that with Ty.

Jack: at least 500

Bailey: 50  
Phill: no more than 50  
Arturo: 150  
Tyler: 500  
Ben: 50  
Greg: 100  
Avery: 100

### **Mental Health Campaign- Sarah**

Sarah brought a draft of the note to self papers and will cater them to each campus. We will get them printed and distributed at UPSIL. 250 notes per campus.

### **APPROVALS**

- \$900 for mental health campaign which includes printing costs.

### **GUEST SPEAKER**

#### **Venezuelan Students Abroad -Utah**

Contact info:

Jesler: [jeslergmolina@gmail.com](mailto:jeslergmolina@gmail.com) (uvu) 801-427-4292

Paola: [paorondon2@gmail.com](mailto:paorondon2@gmail.com)

Esteban: [estebanroque01@gmail.com](mailto:estebanroque01@gmail.com)

Jesler, Paola, and Esteban are a voice for the venezuelan students in Utah. They provide information regarding immigration, how to go to college, etc. The current situation of Venezuela isn't good. Almost 25,000 homicides took place in the country last year. With a corrupt government, the police make no arrest or investigation. Students have been living on the streets, starving, and quit school because they weren't able to pay.

How USA can help:

They feel that a meeting with the Board of Regents would be awesome. We have nothing to lose by talking to legislators and people who can make a difference.

Would like to push a bill in the senate that will help these students.

- 8,000 International Venezuelan students in the US higher Ed (2014-2015).
- 125 Venezuelan students in Utah

If we get something done in Utah, we can replicate it all over the United States and world.

Ben: We have a student on the board of regents so we would love to talk to him. What are your expectations in meeting with the governor?

Jesler: Trying to lower the tuition for International Venezuelan students with what's happening back home and them not being able to go back.

Ben: What has the governor's office been saying to you?

Paola: We were waiting on an emergency immigration. Just talking to reps- not governor. Hoping to get stronger support.

Birch: Do you have any type of resolution drafting? And designated rep from each campus?

Jesler: We have a draft HB 144(?) is something that can be looked as an example that has been used previously in legislature.

Birch: We can help you find a representative and put you in contact with the student regent.

### **Board of Regent Bob Marquardt**

Campaign Manager: Austin Cox

"Our Schools Now!" is an organization that was created by Bob Marquardt to educate and provide support for education as a whole. He is petitioning to have the proposal of increasing income taxes by 7/8ths of one percent on the ballot in the next election. The funds would raise about \$750 million to go towards public elementary, secondary, and higher education. Packet contents outlines how much money each institution would receive with this increase.

Bob also mentioned Mental Health and Sexual Awareness. There's a lot we can do but most campuses don't have the money right now to fund additional counselors. With this kind of money increase by increasing taxes, we can really make a difference.

They have gotten 30,000 signatures of people who support this.

Website: [www.ourschoolsnow.com](http://www.ourschoolsnow.com).

It got the attention of the legislatures and they'd really like our support in getting people to sign as they start the process. They're happy to help facilitate conversations and have a lot of business leaders and educators speak to people as to what it means.

Tyler: What are the guidelines that the money has to be used for?

Bob: Performance stats are a little different from campus to campus. One time funding- campuses haven't been able to establish new programs because they don't know if it will be

there next year. This is more performance funding and more permanent. They want to make sure they're getting money to the schools who need it.

Birch would like a specified percentage. Simplicity has a big impact.

Avery: The alumni associations would be great resources because they're not moving around as much as students and are willing to give.

Tyler: Social media is huge. Let's use it to get people to sign.

### **USA FOCUS, Kylie**

- Website is almost finished. Facebook page is going well but she needs your help in sending meaningful stories!
- Proposal to update our mission statement. Feedback:
  - Tyler: Maybe a couple more action words that paint a picture. ADVOCATE.
  - Ben: I really like what's on there. Aims to promote citizenship. I will help write something new. I would add social and civic responsibility ethical awareness.
  - Revision of the USA constitution. Arturo: I think there should be a committee for the constitution. Sarah could be the president.... Cover different perspectives. Make a google doc to add discussion. Arturo and Tyler will be on the committee as well.

### **MAIN MOTIONS**

- Birch asks for a motion to approve a \$900 budget for the mental health campaign. Tyler Cornia moves to approve the budget, Arturo seconded. All in favor.
- Birch asks for a motion to adjourn the meeting. Tyler Cornia makes the motion, Jack seconds. All in favor.

### **ACTION ITEMS**

- Talk to your university president about performance based funding, then go to Bob and let him know what we'd like to see the money go towards.

### **DATES:**

- UPSIL // January 25-27 in Southern Utah.
- **Next USA Meeting // Friday, January 27th @ 2pm // Dixie State University**



**USA Presidency Meeting Minutes**  
**December 3rd, 2016 | Utah Valley University | 9:00AM | SL-122**

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**Attendees**

- Birch Eve
- Sarah Ramaker
- Kylie McGill

**Not in attendance**

- Ashley Waddoups (excused due to taking the LSAT)
- Ty Aller (via phone)

**Legislative Update: Ty Aller**

Representative Ed Red sent them edits and is working with Ty to put a resolution together. They're meeting again on Thursday to finalize legislation and give them the heads up that they're passing something. It will hopefully draw attention to the issue more explicitly and will be sent to all the student body presidents.

Birch: What can we do?

Ty: As soon as we get the go ahead and he sends it to different agencies, we need to contact our legislators and representatives to see if it's something they can get behind. I believe legislation opens up the 26th of January. Pat Jones was at the Board of Regents meeting and has a lot of connections. She is the head of mental health committee.

Let's push it on social media! Each University has a PR marketing department that we should work with because they have a bigger following. Shares success stories!!

**Types of people who should receive USA fast fact cards:**

- University Relations
- Government Relations
- Commissioners Office
- Lobbying on the Hill, representatives

**UPSIL**

- USA Presidency is presenting on the 26th
- Birch will most likely go Wednesday-Saturday. Everyone else comes down Friday.
- Done by 2pm on Saturday.

**BUDGET REVIEW**

\$900 for Note to Self Campaign- needed approval

**Other:**

Sarah's Chief Justice finished the Constitution!

**Next Meeting:**

- USA Meeting Friday, January 27th at 2pm @ Dixie State
- Let's start meeting on Fridays. February Meeting on Higher Ed Day? February 17th.

**USA FOCUS**

- The main purpose is our unity. It's our responsibility to be here and make it a priority.  
Next: To represent the interest & preserve the rights of the students of higher education in the state of Utah.
- We're doing a lot of good work! We have a ton of momentum and have done incredible things.
- Gather info from SBP's assistants?

**Higher Ed Day February 17th:**

Sarah will reserve room from 8am-3pm.

Meeting adjourned.

**Action Items:**

- Contact Phillip to perform at sound bites
- Ask presidents how many cards they'd need
- Get a van? Figure out how many people needed for UPSIL
- Have cards printed for the UPSIL meeting
- Work on mission statement
- UPSIL: professional attire and polo or something from your school

**USA Meeting Minutes**  
**January 27th, 2017 | Dixie State University | 2:00 PM | Holland Building**

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**Attendees**

- Birch Eve I UVU
- Sarah Ramaker I DSU
- Ashley Waddoups I USU
- Kylie McGill I Chief of Staff
- Avery Harding I BYU
- Phill Raich I USU Eastern
- Jack Bender I U of U
- Arturo Salazar I SLCC
- Benjamin Pok I Westminster
- Bailey Dalton I Snow
- James (proxy for Tyler) I SUU
- Luke Kerouac I Advisor

**Not in attendance:**

- Gregory Woodfield I Weber
- Ty Aller I Student Regent
  - (Ty followed up with phone call in presidency meeting)

**WELCOME**

Birch welcomed everyone and thanked them for coming to Dixie State for the meeting. Presented at UPSIL this morning and it went really well. We couldn't have gotten this far without the help of all of you in going the extra mile!

**TRANSITION**

- Make sure there's a specific training for next year's student body president on USA.
- Explain step by step how to get in contact with admin assistants, who you need to cc on emails, important contacts, etc.

**USA FOCUS**

- Getting ready for transition to new presidency. Let's not stop the momentum!
- LinkedIn has been made.

## **BUDGET**

Deans and directors are going to take it back to their VP's and decide which institution it will be housed in from here on out. To have our own cards, it would have to be a 501C3 account which won't work out.

## **CAMPUS UPDATES**

### **James (SUU):**

- We've been working on Mental Health
- Made several changes to constitution and passed it in council
  - Student programming board is now going to be separate
  - Tripling size of student senate
- Elections start in two weeks
- Student fees actually went down a little which was good!

### **Bailey (Snow):**

- Just got approved for new Computer Software Engineering Bachelor's degree!
- Launched a campaign called "Snow the Love". Every month they have a sponsored activity based on positivity and spreading happiness.
- Just finalized legislative changes. Added two more positions. Legislative positions will now be appointed because they just don't have a done of people who run. This way it's a little more competitive and they can pick exactly who is best for the position

### **Ben (Westminster):**

- School colors now purple and copper! Changed logo to a W.
- Looked at trend and can fund at least \$200 for each person to run. Part of their diversity effort to be more inclusive to first generation students, low-income, etc. Hoping to see more candidates running.
- Mental Health week:
  - Just established a NAMI chapter on campus and are funding their project that's a collaboration with the psychology club-- Yoga Night.
  - Art show with themes surrounding illness and recovery
  - Slam poets talk about their experience

### **Phill (USU Eastern):**

- Chancellor was trying to raise student fees without the input of any students. Had a budget meeting and expressed concern to the student fee board so now they raised them 90 cents instead of \$5
- Diversity Center has really taken off which he's happy about! They're receiving more funding for next year.

### **Avery Harding (BYU):**

- New committee just put together for Mental Health awareness month
  - Working with NAMI to plan Mental Health Campaign
- Elections have already started! Voting is in March.
- Increased the number to 52 council members.
- Made a student voice committee for students who can't commit to being on the council but still want a voice in decisions, etc. They're wanting to see what the interest is.
- Still moving forward with reflection room
- Two activities for more opportunities to reach students who wouldn't necessarily come to regular BYUSA events (Film festival, etc.)
- "How can I finish strong??"
- Ideas for team building

### **Arturo (SLCC):**

- Started welcome back series of events
- No changes to elections. Last year there were 17 applicants for president and vice president, this year there are only 6. They're a little worried about that-- Elections Feb. 22nd.
- Focusing on VISIBILITY and MEANINGFUL INVOLVEMENT. Exec is going to reach out more to students to find out what they want/need.
- No more paper forms to apply for positions- everything is now electronic (like applying for scholarships)
- Working with counseling center because he doesn't see much allocation in money for mental health
- Civil Rights Movement- Women in Freedom on Feb. 8th.

### **Jack (U of U):**

- Huge bylaw changes that are undergoing to change part of funding process. Currently have the assembly process and budget process. Got rid of budget process and now just using the assembly process.
- Trying to do major overhaul in bylaws regarding budget because it's been a huge mess.
- Referendum passed with no marketing- just a link on their portal and had over 1,000 people vote.
- Removed a line that mandated the assembly is 3 times the number of colleges
  - Next month they're reducing their assembly from 3 to 2.
  - It was becoming hard to make quorum so they're hoping this will become a stronger voice instead of just a larger voice
- Trying to either cap or reduce the athletics fee.
- Debating on whether university gift should be to the counseling center.
  - They're holding the money to do a much bigger thing which isn't the point of the money. Questioning whether or not they want to continue with the new gift.

- Working on re-structuring their Student Advisory Council
  - Vote on retention, promotion, and tenure
- Give out \$220,000 in scholarships and a lot to stipends as well. Want their budget to be a little more streamlined.

#### **Sarah (DSU):**

- Student Rights and Responsibilities Policy
- Getting ready to do student fee allocation hearings. Want to shift it to a health and wellness increase
- My ID presentation-- putting a chip on student ID that would link to your phone and medical information. Also comes with buying a card or wristband.
- Still trying to implement a Hope Squad (Peer to peer mentoring program). Had a little bit of push back from students.
  - Students are reluctant to nominate their friends
  - Setting it up as a class, getting someone to write a grant for it and writing a syllabus

#### **Birch (UVU):**

- Going to start small with the mental health month
  - Senate speaker series comedian
  - “What Inspires You?” Sound Bites (open mic night) next Thursday
    - Birch doing the opening act!
- Elections start on Wednesday! Got rid of teams and each 5 positions will run individually
- Wants to encourage everyone to run! Visited with 15 different organizations, gave them a council packet and info on how to run. Feeling very optimistic and hoping for at least 5 people to run for each position.
- Started doing student fees last week. Everything has to pass through student government before it can go on to president’s council, board of trustees, and then the regents which is nice!
- Say HEY to UVUSA- event to get more transparent with the student body. Gave 3 boxes to each council member and had them deliver it to students to introduce themselves and just talk.
- Tips & Tricks campaign has been super successful! Increased over 2,000 downloads on UVU app.
- Working on student code of conduct.
- Administration wanted to take club advertising away. Birch had to go to President’s Council and was able to push it through.

### **Ashley (USU):**

- In response to Avery, I'm going to accomplish more this semester than I did last semester! "Sniff the smoke and enjoy it" :)
- Had some concerns with students not feeling welcome so they're doing a USU United Campaign to increase the culture. Might get some I-15 billboards for it!
- "Heroes Not Victims" with panel of 5 people who were sexually abused talk about their healing process.
- "I will consent" campaign
- Made the front page of Herald News about Mental Health Campaign and what they're doing
- Mental Health Week first of April.
- Wants to introduce a new student fee of \$3.50 to give them an additional counselor. Taking it by the horns saying we're doing everything we can-- THEN asking for help from the state.
  - Check YES campaign to get their student body to vote on it.

### **Mental Health:**

- Arturo: The only thing I see from USHE is an app for mental health. There should be an allocation for it. We need to start asking people for money NOW and I don't see it in their agenda. We have donations from different departments and vouchers that covers a student to get their treatment. Higher Ed needs a little more support because they only seem to focus on education.
- Ashley: We wanted a statewide request but right now there's not enough awareness for the representatives to take it seriously. At this point, I don't think we can change the statewide request but I would love to raise awareness so that our predecessors can ask for an increase.
- Birch: One of the Board of Regents asked how much money they were thinking. It's a crisis in the entire state! HOW CAN WE HELP UTAH IN GENERAL? The committee that was established is trying to find a solution so that USHE can push it.
- Ty wanted a little bit of time to talk about QPR training and will have the presidency encourage the idea. Has a meeting on February 8<sup>th</sup> with the mental health committee that will bring in more internships for psychologists in the state of Utah that will increase more people to go into the field. QPR is the best evidence with research backing it.... Making sure we have enough trainers on each campus.

### **Mental Health Campaign (Sarah):**

- Note-to-self papers should be filled out and brought to the March meeting
- Bailey: How are you going to play the video? Sarah: I will show it before a student life event and then have the notes there for students to fill out.

### **Legislative Update (Ashley):**

- Higher Ed day is going well. Already has rep. Ed Red in the morning. Time from 8-noon is scheduled.
  - After lunch is every institution's job to make their own appointments. Delegate to people to make those appointments! (Talking about the Mental Health Resolution-- sharing personal stories, facts, WHY, etc.)
  - Invite people from student government, government affairs, etc. Need to have quick answers when they ask questions!
- It may be best for each institution to bring about 5-7 people.
- Ashley will create a spreadsheet that says which schools are meeting with who so there's not a lot of overlap.

### **MAIN MOTIONS**

- Ashley moved to approve December's Minutes. Phill seconded. Vote unanimous.
- Birch asks for a motion to approve the retreat budget of \$2,000 which includes transportation, lodging, and food for the weekend. Jack moves, Phill seconds. Vote is unanimous.
- Ashley moves to approve transportation, hotel, and registration for PLS predecessors. Ben seconded. Motion is unanimous.
- Birch motions to adjourn the meeting. Phill seconded. Meeting adjourned.

### **ACTION ITEMS**

- Bring filled out note-to-self papers to the March meeting
- Provide a USA specific training for next year's student body president
- Prepare for Higher Ed Day
  - Solidify who is going (5-7 people total)
  - Delegate someone to make appointments talking about the Mental Health Resolution---- share personal stories, facts, why we're doing this, etc. Come prepared!

### **UPCOMING MEETINGS**

- February 17th at 3:30pm (Higher Ed Day)
- March 30th @ 6:30pm at UVU
- April 14th @ 7pm at UVU (with incoming and outgoing presidents)

**Higher Ed Day Friday, February 17th, 2017**



**USA Presidency Meeting Minutes**  
**January 27th, 2017 | Dixie State University | 1:00 PM | Holland Building**

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**Attendees**

- Birch Eve
- Sarah Ramaker
- Ashley Waddoups
- Kylie McGill

**Not in attendance**

- Ty Aller (called in)

**WELCOME**

Birch welcomed everyone. Need to prep for transition of new presidents. Wants to have the last meeting in April be a training for new presidents.

**Budget:**

- Ashley said Linda would like to look at constitution and re-write it as the administration should oversee the budget. Budget has been a little unclear going back and forth with Kylie and Sarah.
- Thinking of an external account with 2 signatures so we wouldn't have to change it every year. Let's bring it to our advisors and see what they think.
- Birch: What if it was housed through UPSIL? Then no one will have to worry about who has the card because each member of the presidency would have a card in their name coming from the same account. Ashley likes the idea but is worried about potentially fraud.

*Note: We learned in the USA Meeting that the deans and directors are going to take it back to their VP's and decide which institution it will be housed in from here on out. To have our own cards, it would have to be a 501C3 account which won't work out.*

**Constitution:**

- Still working on modifying and updating it.

**Note to Self-Campaign:**

- Notes will be due at the March meeting

**Ty Aller (Student Regent) Report on Mental Health:**

- Ty wanted a little time to talk about QPR training and will have the presidency encourage the idea. Has a meeting on February 8<sup>th</sup> with the mental health committee that will bring in more internships for psychologists in the state of Utah that will increase more people to go into the field.
- QPR is the best evidence with research backing it-- now it's just making sure we have enough trainers on each campus.
- USU just created a new Mental Health minor part of the Psychology Degree. Creating a course that's mental health literacy and skill development that includes QPR training and how it affects college students.
  - USU is championing this model and Ty thinks the model could work with the USHE system and they should get behind it. Encourage all faculty and staff to get the training at least once a year.
- Birch loves the idea of having a unified mental health week that everyone is in on.
  - Mental Health week, helping people navigate those resources. Ty: The next step to the policy is advocacy on mental health and sexual assault.
- Birch will work with Sarah and Ashley to sign a letter saying we're in support of a unified Mental Health Week.

#### **ACTION ITEMS:**

- **Once we know who the new student body presidents are, Kylie will get their names and order their name plates**
- **Kylie will Schedule council chambers for meeting in April (email Marissa)**
- **Kylie will create document with all the USA passwords on it in preparation for transition**
- **BIRCH: Send a follow-up email to Marissa, Luke, and Linda asking if there's anything we need to do on our end to move forward with selecting the school the budget will be housed through.**
- **Ashley will send Higher Ed Day outline to us so we can include it in the email that will go out.**

**USA Meeting Minutes**  
**February 17th, 2017 | Salt Lake City Capitol | 3:30 PM | Centennial Room**

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**Attendees**

- Birch Eve I UVU
- Sarah Ramaker I DSU
- Ashley Waddoups I USU
- Kylie McGill I Chief of Staff
- Avery Harding I BYU
- Phill Raich I USU Eastern
- Jack Bender I U of U
- Arturo Salazar I SLCC
- Benjamin Pok I Westminster
- Bailey Dalton I Snow
- Tyler Cornia I SUU
- Mark (proxy for Greg) I Weber
- Ty Aller I Student Regent
- Linda Zimmerman I Advisor

**WELCOME**

Birch welcomed everyone and thanked them for coming to Higher Ed Day.

**MAIN MOTIONS**

Phill motions to approve the minutes. (?) Seconded. Unanimous.

**GUEST PRESENTATION | Turner Bitton**

House Bill 251: Campus Advocate Confidentiality Amendments.

- House Bill 251 would allow campus advocates to provide confidential resources to victims of sexual assault on one of Utah's private or public campuses.
- Provides the same level of confidentiality of sexual assault-- extends the same confidentiality protections to campus based advocates.
- It's important to have campus based advocates. Community works for centers and are all over the community, but they can't do anything to help you on a campus level if you needed to change your schedule around, move apartments, etc.
- Pursued legislative change to protect people who are disclosed without consent. Passed unanimously on the floor. There was an amendment to exempt private universities.
- Once campus has trained advocates (40 hour training which is required by the state anyway)-- confidentiality is insured.

## COMMITTEE UPDATES

**Mental Health Campaign (Sarah):** Continue note to self campaign and be prepared with notes at next meeting!

### Legislative (Ashley):

- Send thank you email or note to people you met with and spoke to at Higher Ed Day. Make sure they understand that it can't end here!

### Feedback on Higher Ed Day:

- Not everyone was too familiar with the system. Felt like there was the same issue last year.
- It would be nice to create some sort of tutorial video that people could watch before
- Have a legislative official from an institution come and give a training to each school before lobbying.
- It was an awesome experience!
- Show appreciation for passing mental health resolution to create good relationships.
- Many students felt intimidated and that it wasn't their role to lobby. Give students a list of key people to talk to or find.
- It's hard to have our USA meeting after higher ed day because some have students waiting for them after they've already been lobbying all day.
- Was it okay just serving lunch and not breakfast?
- Provide more education on how to use the website
- Divide groups and have them do a role-play. Possibly have two trainings- one at beginning on how to lobby, one later around lunch time for those who missed the morning one. Phill thinks to just keep it to one.
- Overall, GREAT JOB! Props to Ashley for being so organized with everything!

## LEGISLATIVE PLAN (Ty Aller)

- Let's remember where we started-- the first meeting when we were talking about mental health issues. It's cool to look back and see how far we've come! Our resolution has covered national news and it's been a conversation had at the Board of Regents multiple times.
- First time something has been addresses by a group of students all the way up to the board of regents (?)
- We've developed a coalition across the state that's hit every single university. Let's figure out a way to continue this!
- We actually did our homework this year on these issues. We weren't just asking them to hand us several million dollars.
- Mental Health working group is meeting together to address issues like how to bridge

gaps with community resources. Once we have that direction in the next 6 months, it will be really important for the next USA to pick it up and move forward with it. It's very important that they continue this so we can actually see reductions in suicides, etc.

- Take future student body officers to dinner! Believe in them and support them because if you don't, they're going to lose momentum quickly.
- We have a long ways to go! What's next?
  - Phill: We need to give the future presidents our input on mental health and hope they feel the same way
  - Arturo: We can learn from every institution and use it to help us.
  - Sarah: We worked hard to make it happen so I think they will respect that!
  - Birch: It needs to be pushed in one direction and not just support from the Utah Student Association.
  - Ty: It was so cool for me to see that we couldn't have done that alone.
  - Arturo: Help predecessors understand how money circulates and what they can do with that money

## **TRANSITION**

Transition must be a priority for all presidents. We need to have a mission statement/constitution by next meeting so it's set in place for next year.

## **USA BUDGET**

Deans and directors are going to take it back to their VP's and decide which institution it will be housed in from here on out. To have our own cards, it would have to be a 501C3 account which won't work out. Will likely be housed at UVU soon, and Birch will call Linda to discuss further.

## **New Student Regent:**

Birch will reach out to Spencer Jenkins for Student Regent Application. Wants them open for a decent amount of time. Please push it on social media and spread the word to start the filtering process. Presidency will send top 3 to governor's office.

- Sarah: When do you need to have student regent nominees? Birch talked to Spencer Jenkins about that.
- Linda would love to get Ty's input on the way the Student Regent is selected because she thinks there are some things that could change. Ty agrees, the interview process should feel much more collaborative. Birch says we should only have one or two people asking the questions.
- Ashley feels we should lean away from being negative. Interview selection should be constructive and talk about strengths and weaknesses as they pertain to the job-- not talking badly about them or sharing reasons we may not like them.
- Linda loves that Birch set the standard at the beginning for how things are going to be- it held everyone to a high standard of being accountable.
- Need to nail down what exactly we are looking for in a student regent

- It's up to each student body president to be able to explain what the student regent does and also make it a part of training in the last USA meeting with incoming/outgoing presidents.
- Bailey: Could we create a document that explains what the student regent does? I wasn't properly trained on what the student regent does and would have liked to be more informed. Birch: We can share the powerpoint that was used.

## **CAMPUS UPDATES**

### **Mark (WBU):**

- Greg is working on student fee review.

### **Arturo (SLCC):**

- Elections in process and having interviews for student officers
- Going to build a fitness center at south city campus

### **Avery (BYU):**

- Finishing things up for Mental Health Campaign. It's the first time BYUSA has done something like this-- usually it's CAPS but they're gathering with other organizations to collaborate on this.
- Elections going strong. Just finished their 13th out of 16 Q&A's to spread awareness. Last year 26% of students voted which was great!

### **Tyler (SUU):**

- Voted in our new constitution! Student Programming Board will now be separate and it's fully in action. Elections start next week
- Met with CAPS advisor and have seen a steady number of people using CAPS.
- Working on improvements to app

### **Sarah (DSU):**

- VP of Service has been nominated and won the Campus Compact... service award
- Moving forward with online classes

### **Birch (UVU):**

- Elections in progress and going well. Take place March 6-8th. Continuing to battle our newspaper.

### **Ashley (USU):**

- USU United
- Mental Health Week coming up!
- New counselor passed to student fee board, now it's just a matter of getting the students to vote. Doing a check yes campaign to encourage students.

**Jack (U of U):**

- Reduction of \$6 on student fees got several phone calls wondering why.
- Program committee implemented \$30 increase for all undergrads. Wouldn't go through general fee meeting and doesn't go to the president or trustees so it's "now done" but Jack is going to fight for it.

**Phill (USU Eastern):**

- Logan library system wants to raise student fees. The money that they wanted wasn't going to where they said it was going. Hasn't decided if this is a big enough issue to fight for or not but he thinks he's going to fight for it.

**Bailey (Snow):**

- Started some conversations on campus and thinks they're going to hire another part time counselor by raising student fees \$2.50

**FUTURE MEETINGS:**

- March 30th at 6:30pm UVU.
- April: Meet in commissioner's office and conduct interviews. Date to be determined.

Tyler motioned to adjourn. Phill seconded. Meeting adjourned.

**USA Presidency Meeting Minutes**  
**February 17th, 2017 | Salt Lake City Capitol | 2:30 PM | Centennial Room**

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**Attendees**

- Birch Eve | UVU
- Sarah Ramaker | DSU
- Ashley Waddoups | USU
- Kylie McGill | Chief of Staff
- Ty Aller | Student Regent
- Linda Zimmerman | Advisor

**WELCOME**

Birch welcomed everyone and thanked them for coming up to higher ed day. It's been a great success!

**COMMITTEE UPDATES**

**Mental Health Campaign:** Birch will follow up with the two presidents gone today to see if they're still planning on doing the note to self campaign notes. If they don't give notes from their school, they will not receive them.

**Legislative:** Follow up with legislatures and make it systematic. Wants to ask if there's anything we're lacking, and what we still need to do. We most likely passed the resolution and need to start working with members of our community, but I'm wondering what else we should do on the legislative side of things.

Ty: Once the Regent's heard that USA is on board with mental health as well as the Student Regent, they were much more accepting of the idea. The Board of Regents will have a better idea of what they're doing in the next 6 months or so. In the meantime, we can advocate for it on our individual campuses because that will be much more effective than legislation right now, even though that's an important piece.

**Student Regent**

- Sarah: When do you need to have student regent nominees? Birch talked to Spencer Jenkins about that.
- Linda would love to get Ty's input on the way the Student Regent is selected because she thinks there are some things that could change. Ty agrees, the interview process should feel much more collaborative. Birch says we should only have one or two people asking the questions.
- Ashley feels we should lean away from being negative. Interview selection should be



constructive and talk about strengths and weaknesses as they pertain to the job-- not talking badly about them or sharing reasons we may not like them.

- Linda loves that Birch set the standard at the beginning for how things are going to be- it held everyone to a high standard of being accountable.
- Need to answer the question: What are we looking for in a student regent?
- It's up to each student body president to be able to explain what the student regent does and also make it a part of training in the last USA meeting with incoming/outgoing presidents.

### **LEGISLATIVE PLAN (Ty)**

- Once the Regent's heard that USA is on board with mental health as well as the Student Regent, they were much more accepting of the idea. The Board of Regents will have a better idea of what they're doing in the next 6 months or so. In the meantime, we can advocate for it on our individual campuses because that will be much more effective than legislation right now, even though that's an important piece.

### **TRANSITION**

Transition must be a priority for all presidents. We need to have a mission statement/constitution by next meeting so it's set in place for next year.

### **BUDGET**

Linda expressed concern for how we're going to handle the budget next year. She loves the idea of housing the card at UVU, but worries about UVU advisors (Marissa) having to worry about it even if no one from UVU is in the presidency. Birch will look into what exactly we can do and then we wouldn't have to worry about housing it at different institutions. Birch will call Linda on Tuesday or Wednesday.

### **TO DO:**

- Sarah: Finalize USA constitution
- Ashley: Hash out the mission statement and revise.
- Birch: Follow up with Marissa/Laurel about housing the USA budget at UVU. Follow up with Linda by Wednesday, February 22nd.

### **UPCOMING MEETINGS**

- Thursday, March 30th from 6:30-8:30pm
- April to be determined

**USA Meeting Minutes**  
**March 30th, 2017 | Utah Valley University | 6:30 PM | SL 122**

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**Attendees**

- Birch Eve I UVU
- Sarah Ramaker I DSU
- Ashley Waddoups I USU
- Kylie McGill I Chief of Staff
- Avery Harding I BYU
- Phill Raich I USU Eastern
- Jack Bender I U of U
- Arturo Salazar I SLCC
- Benjamin Pok I Westminster
- Bailey Dalton I Snow
- Tyler Cornia I SUU
- Mark (proxy for Greg) I Weber
- Ty Aller I Student Regent
- Linda Zimmerman I Advisor

**WELCOME**

Birch welcomed everyone and thanked them for coming to Higher Ed Day.

**MENTAL HEALTH CAMPAIGN**

**CAMPUS UPDATES**

**Phil (USU Eastern):**

- Next president is his current
- Taking care of enrollment issues- significant decrease compared to last semester
- Advisor will be leaving Utah State

**GREGORY (WSU):**

- Brought Lola, next year's Student Body President
- Building 3 new buildings- Social Science Center, New Football Wrap Around, and Health

## Sciences

### **BAILEY (Snow):**

- Increased student fees by \$10 to increase mental health counselors
- 80% of students said they would rather keep the allocations the same at \$10 instead of making changes and lowering it to \$7
- 5 years ago, they took down International flags because no maintenance. They blamed Bailey for it and didn't know why-- she's working it out and they will be put back up

### **AVERY (BYU):**

- Mental Health Awareness Campaign starts on Monday. Involved NAMI, CAPS, PR Chapter, etc. It will be incredible! Activities, Info Sessions, speakers, etc.
- Working on reflection room
- New president has been elected

### **BEN (WESTMINSTER):**

- Westminster turns 100 years old
- Re-elected as Student Body President!
- Increasing student fees for diversity projects
- Talking with the SLC mayor's office and reps about supporting undocumented students-- and documented students as well.
- Working on stepping up our advocacy to make sure students get the money they need to succeed in college
- NAMI won club of the year

### **TYLER (SUU):**

- Retention numbers are 82%
- New constitution brings in different interest groups to allow a more accurate student voice

### **JACK (U of U):**

- Pushed for student fee changes and reduced athletic program by \$3 (and an additional \$3 next year)
- Vetoed 2 bills of \$25,000 each. One passed, one failed.
- Lots of constitutional changes. Tomorrow is the deadline to submit changes. Proposing roughly 900 changes- adding content to make it more clear
- 1,000 Swag Bags
- Going to do a huge push and will have all note-to-self papers filled out next time

### **SARAH (DSU):**

- Got funding from the state for the new Performance Center
- Hope Squad implementation
- New Student Body president will push for Mental Health and Diversity

#### **BIRCH (UVU):**

- All of us are here!
- So many students don't even know UVUSA exists, and little swag opportunities, so Birch got business cards that tell students to redeem for a shirt in UVUSA Office. He highly recommends doing this!
- Student fees are staying the same. Tuition will stay in Tier 1
- Library is now open on Sundays
- Increased votes by 16.3%- major campaign to promote people to vote.
- Bridge across freeway for pedestrians connecting the two campuses

#### **ASHLEY (USU):**

- Challenged ( ) in Campaign
- Put on student ballot to vote for new counselor. \$3.50 increase for all students- 88% voted in favor and people were so passionate about the issue. This will allow one additional counselor, and others will match that in a donation allowing 2 new counselors
- Won't be here next month-- thank you all so much!

#### **ARTURO (SLCC):**

- Mental Health: Hoping for more support from the Board of Trustees
- New SB President with him today
- Showcase info for anyone who is underrepresented. Each month, they'll touch on different areas and seek feedback so they know how to improve
- 1,000 people showed up to Dean's event seeking feedback
- Funding a club for Students for Choice- educating people about Sexual Assault
- Tuition got capped at 3%
- Opened a new center for Science and Engineering

#### **CONSTITUTION REVAMP**

- If you don't comment on the Constitution changes that will be emailed to you in the next couple of weeks, Birch will consider it a green light and move forward with it.
- Change USA Executive Board to the "USA Board" and then change Executive to "USA Presidency"
- This will be the first time it's been ratified since 2012, so changes are needed

- Ashley hopes we'll all take this seriously because a lot of the stuff in the constitution
- Change to CSAO (Body that gets together for each institution across the state)
- Make Board of Regent ... (see president minutes for the rest)
- Went over "Selections of USA Positions" section VI in Constitution

Jack: What is the Chief Student Services Officers?

Birch: I think that's incorrect. Are there any other phrases you think we should take out?

Ben: I suggest we changed "dedicated" to "tasked"

Ashley: I think it's weird to have this in a mission statement. We should include it in a description.

Ben: I don't love the phrase "citizenship" because of undocumented students.

After discussion, everyone agreed that we will change "citizenship" to "civic engagement" instead- it sounds better.

Tyler: This shouldn't be so wordy. Let's take out parts.

Birch: We had a huge impact this year and did something that has never been done before and have made so many improvements. Having a coin toss is just dumb. I think we should be adults and just talk about it.

Tyler: They either have to work it out in a tie or neither of them are qualified to be it. If it's a tie, add up the FTE from each school. (26,000 students vs. 55,000, etc)

Gregory: I agree about changing a lot of this, but I think for logistic reasons we should keep the tie breaker. We want to keep this simple and a coin toss solves that.

**Final Decision: There are 11 schools so there is no possible way to have a tie- let's take all of that out.**

Avery (BYU) paid full fees so they should be able to vote. \$500 is considered full fees, so Avery will vote on the 14th. Birch will double check that and clarify in email.

#### **NOTE TO SELF CAMPAIGN**

- We've had a lot of traction on the video that was just released. Thank you to Sarah and her team!
- We'll exchange notes tonight, as well as continue it for the next 6 months or so. Please push it as much as possible!

- Once you receive the notes from a different school, you can distribute them how you wish. Ideas:
  - Give them to your student health service center
  - Pass them out to students during finals
  - Flower wall- take a flower and note, “pick one pass one”.
  - Share them with a lot of people at your events
- Hope Wall- hand out

## **TRAINING**

- Start it off with the videos/ WHY- have people share stories and what it’s meant to them
- constitution
- Let’s preface what we’ve done, but go into specific parts
- Invite incoming presidents to come in AFTER we vote on constitution
- Let’s let them know that USA is actually becoming something and isn’t like it maybe has been in the past
- Establishing official committees
- Have fast facts for them
- Working with UPSIL advisors

Avery would like to know how much money we’ve been able to bring to our campuses specifically for mental health. We’ll create an infographic that’s even just a jpg that shows how much money each school has received.

## **STUDENT REGENT INTERVIEWS**

- Friday, April 14th at Regent’s Board Room
- Only Presidency will ask questions, if anyone has follow up questions you are more than welcome to ask (as long as they relate to the question)
- Dinner on the 13th

## **MAIN MOTIONS**

Phill moves to make parliamentary Procedure robert’s rule of order optional in the constitution for the USA. Tyler C. seconded the motion. All in favor. Motion passes.

Ashley motioned to approve that when a student body president is elected twice, they are allowed to vote twice since they are an incoming AND outgoing president. Seconded by Greg. All in favor-- Motion passes.

Adjournment: Greg made a motion to adjourn the meeting. Jack seconded- Meeting adjourned.

**TO DO:**

- Birch: Send email to everyone on Tuesday or Wednesday with constitution changes.
- Tell your incoming presidents that they're going to DC! June 2nd-(need to confirm coming home date)
- Continue to push the video and get notes from students.
- Send Kylie your school's monetary value received for Mental Health this year so we can create a jpeg





**Jack:** \$12,500

- Put together a jpeg for monetary value of schools for additional counselors

**USA Training Meeting Minutes**  
**April 14th, 2017 | Board of Regents Building | 8:00AM**

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**Not in attendance:**

Ashley Waddoups

You become a member of the Utah Student Association once dues are processed. You will lose voting rights if you don't pay by August 31st.

You collectively represent over 180,000 students!!

**UPCOMING DATES:**

May 16-18: ULA at Weber State University.

June 2nd-5th: DC Retreat

July 10-12: UPSIL

**Constitution Amendments:**

- 1) Ty: Concerned with #5 which states "The USA Board may exclude the current Student Regent during the candidates' presentations, questioning, or deliberations". Would like to use more inclusion verbage instead of exclusion. Change to "In the event that a student regent is re-interviewing, the board may choose to exclude them for preliminary screening and interview selection".
- 2) Ben: Let's change his and her to "their" so it's gender neutral.

**MAIN MOTIONS:**

- Birch makes a motion to approve the above amendment changes. Article VI section B subsection V to be more inclusion to student regent unless being interviewed.
  - Greg motions, Tyler Cornia seconds. All in favor. Motion approved.
- Birch asked for a motion to approve the 2017-2018 Utah Student Association Board meeting on the first Friday of each month from noon-2pm.
  - Greg motioned, Phill seconded. All in favor. Motion passes.

**Our Schools Now Presentation:**

**(See attachment for more info)**

- Our Schools Now is an initiative to increase the incoming tax seven-eighths percent which will directly impact educational performance improvement.
- Each school would get about \$1,000 per student and each school can use it to increase access to more students, tuition scholarships, improving retention with additional counselors, mental health needs, etc. Each school could use the money as they wish.
- They are going to file an initiative with the Lieutenant Governor in June. Need to get 26

of the 29 votes.

**\*\*Are you willing to help gather signatures on your campus the first week of the school year?**

**What are some of the pushbacks of this initiative?**

- It's in the legislature's DNA to not raise taxes, but we have an excellent chance of winning if we can get people behind it.
- Many people think the money is going to a black hole that administration will use, but that is completely not true.

Ty: Where do the funds go?

Bob: The performance funding account.

**Contest on each campus for the most signatures:**

1st place prize: \$5,000

2nd place: \$1,000

3rd place: \$500

Winners can choose what they'd like the cause to go to on their campus.

**Birch:** Get on the same page with your university president to find out whether or not you're on board with this.

**Rob:** This would raise a person's tax from 5% to 5.8%, right?

**Austin:** Yes. That's correct.

Being a dad with several expenses, Rob mentioned wanting more information and finding out what's really best for the students.

**Budget:**

Approve a blanket amount per meeting and multiply by how many meetings. That budget must be approved by a  $\frac{2}{3}$  vote.

The Board of Regents will visit your schools and it's important to be prepared to talk about mental health. The Board of Regents has an official working group that meets monthly for 2 hours to help change policy.

USA Meeting  
July 11, 2016

### ***PRESIDENTIAL ELECTIONS***

Elections: Each member has an envelope with slips of paper.

Nominee Speeches will be 1 minute.

Q&A will be 1 minute.

Presidential Nominations:

Tyler Cornia: Nominates Ben .

Ben-Declined.

Sarah Ramaker: Nominates Birch Eve.

Birch-Accepts.

Bailey Dalton: Nominates Ashley Waddoups.

Ashley-Accepts.

Arturo Salazar: Nominates Sarah Ramaker.

Sarah-Accepts.

Final nominees are dismissed.

Birch Eve: USA has the opportunity to make a difference and move forward. Opportunity to make a difference on a national level.

Q-Jack: What initiative do you feel best fits us for this upcoming year?

Birch: Consider suicide rates and focus on mental health issues. Would like a vote of USA to determine.

Q-Arturo: What will you do to enhance communication between USA members?

Birch: We need to talk to each other. We need to make it a priority to speak with one another.

Ashley Waddoups: Passionate about mental health issues. I've already drafted a letter that I'm presenting tonight so I've already laid some ground work for this. In addition, continue efforts with sexual assault prevention.

Q-Avery: How would you work with the student regent?

Ashley: A candidate is from USU so I would set up regular meetings on campus with them. If from another campus I would schedule regular video conference meetings.

Sarah Ramaker: In this type of setting I feel that I do better as a follower rather than a primary leader. If elected I would do the job and do my best however I feel I would be better as a Vice President.

No questions.

\*Refer to selections process in USA Constitution.

Primary Election Results:

Birch: 9

Ashley: 8  
Sarah: 3  
Final Election Results:  
Birch: 7  
Ashley: 3

Executive Vice President Nominations:  
Sarah Ramaker-Accepts.  
Arturo Salazar-Accepts.  
Tyler Cornia-Declined.  
Ashley Waddoups-Accepts.  
Avery Harding-Accepts.

Sarah Ramaker: Primary role of a vice president is to act as a supporter. I have a great respect for our newly elected president, Birch Eve, and I feel strongly that we would compliment each other very well.

Q-Birch Eve: What initiative do you feel is most important?

We need more happiness and love in the world and I think with the head way they made last year we could continue to make progress.

Ashley Waddoups: I think I would do well in the presidency this year because of my interest in the initiatives. As I stated previously I already have a game plan in the works for the initiatives we've discussed so I feel that I could provide the necessary support that Birch would need. I'm intimidated by all of these positions but when I am elected or selected into a position I give it my all and I know I would do well.

Q-Avery Harding: Do you feel you have the time for this position?

Glad you asked that. I was hesitant at first for president because of the time commitment but I definitely feel that I can meet the requirements.

Arturo Salazar: It would be a honor to represent USA and to work with Birch in his in position as president. I have ideas to make some changes with working with the legislation.

Q-Jack Bender: What initiatives do you feel are important?

Mental health, suicide prevention, in addition to some financial aid.

Q-Phill Raich: Do you feel you could fill the time commitment?

I do. I've had a lot experience in balancing schedules and fill confident in doing so. If you plan for it you can do it.

Primary Election Results:  
Sarah Ramaker: 9  
Arturo Salazar: 4  
Ashley Waddoups: 7

Final Election Results:  
Sarah Ramaker: 7

Ashley Waddoups: 3

Legislative Vice President Nominations:

Arturo Salazar: Accepts.

Ashley Waddoups: Accepts.

Gregory Woodfield: Declined.

Avery Harding: Declined.

Arturo Salazar: The legislature is a passion of mine. I would like to recommend diversity and all students. We need to find more resources for all our initiatives and I think I have the energy and passion to do it. I worked with Carlos last year (previous USA President) so I already have some context in regards to how to do it.

Q-Gregory Woodfield: Do you have the time to do it?

I'm in SLC so I'm close in proximity wise but I also believe in delegation and feel that if I am overwhelmed I can ask for the help that I need.

Q-Avery Harding: Are you familiar with higher ed day?

Yes, I helped Carlos last year. (Time was up..)

Ashley Waddoups: I am already familiar with the process and how to do it, how to speak to our representatives.

Q-Birch Eve: What would you do differently with higher ed day?

Ashley: In working with it last year I learned that we should have worked with more of the representative secretaries and interns. They get us in so fast and time was wasted in relying on our campus representatives.

Final Election Results:

Arturo Salazar: 2

Ashley Waddoups: 8

### **BUDGET APPROVALS**

Birch:

-From FY16 Budget:

PSL Conference Money-\$512.33

-From FY17 Budget:

-Travel reimbursement for Tyler Cornia-\$243.47

-Hotel Rooms for UPSIL Conference- approx. \$541.44

-Pizza for USA Meeting (July 11, 2016)-\$106.00

Linda Zimmerman: Funds will be moved to Dixie State University. Carry over into 2016-2017 year will be \$12,321.76. Last year the board encumbered costs for you to travel to the DC Conference. It is up to you if you would like to do that for the incoming group for next year.

Phill Raich: Does the budget only go towards travel expenses?

President-\$750

VP's-\$500

Chief of Staff-\$500

President will select a Chief of Staff that will take minutes, order food, etc.

Supplies for state initiatives, travel expenses, food for meetings, etc.

Unianmous vote approving the budget with recent expenses.

### ***MENTAL HEALTH INITIATIVE***

Ashley Waddoups:

Please refer to the letter attached to your agenda. It seems that at our individual campuses mental health is not on the radar of our campus administration. It's in the back of their minds but they have so much they are already focused on with professional staff needs, faculty, buildings, etc. that they just can't make it a priority. If we don't make it a priority it is going to fall to the wayside again just like last year. I've drafted a letter on behalf of USA, with your approval, to give to each of our campus presidents. If you would like to include your name and campus it is up to you but I do feel that it would be beneficial to take a stance as USA.

The letter was read aloud.

This is one of the primary reasons I ran for President at USU. There are so many students that are experiencing long wait times and unable to get the help and support that they need.

Sarah Ramarker:

I would like to use this as a starting point for a template but I would like to

Phill Raich:

I really think it would be most effective if we include statistics and resources that our campuses have when presenting it so they can see what our specific campus offers and doesn't offer.

Arturo Salazar:

We should also compile information about resources that other campuses offer to give a comparison.

Ashley: I have that information that I will send it out.

I would also like to present this and meet with Commissioner Dave Bueler because he determines the President's Agenda.

Linda Zimmerman:

In the box folder there is a document that contains a bill proposal. Come September we need to find state reps to take this to the senate.

Bailey Dalton: Since coming back from DC I've been contacted a lot by Active Minds. Are we wanting to do something like that where we work with other organizations?

Birch Eve: I've contacted Active Minds and am waiting to hear back about the backpack program that they have to use as a demonstration.

Phill Raich: Through my work a couple years ago I was able to order backpacks for \$0.10 a bag. I could contact them and see if we could get that price and create our own demonstration versus paying the cost for someone else to do it.

Keri Mecham: SUU is starting to develop and establish an Active Minds chapter so that could be another aspect you could initiate.

Phill Raich: What do you think when you hear "mental health"?

Linda Zimmerman: Played the video that was created last year that will be shown at UPSIL.

Ben Pok: Our board and presidency need to create a new brand for it so we don't become one of those buzz words but become something that stands out.

Gregory Woodfield: This is huge at Weber. In the note that we would present to our president's the first lines include depression and suicide so I think those are focuses that we would emphasize with them. So I think the big question is where do we want to go with it? Especially if this bill gets going, how are we going to answer that question?

Ben Pok: I'm really interested in the backpack demonstration.

Birch Eve: This would just be the start of an initiative to the get the movement started. We would have to prepare what the money would go towards, identify needs at specific campuses, etc. What do you we want our focus to be?

Ashley Waddoups: The demand is way to great so we can't address everything but I think a focus should be shorter wait times-"No more 4 week waits.", addressing anxiety, and then wellness overall (getting more sleep, etc.).

Avery Harding: The backpack campaign slogan is "Send silence packing." I think we could create a program.

Birch Eve: Are there 3 people that are willing to spearhead the development a campaign that could be done at each campus and then we could tailor it to our campuses?

Ashley Waddoups:

Avery Harding: I don't like the idea of doing a statewide brand because of the efforts that are already being done by other departments/organizations. We need to do our research to make sure we aren't taking away from it.

Phill Raich: I think it would add to it and not take away. It shows that you support it and them.

Ben Pok: I agree. We need to research what are campuses are doing but we need to take a stance and create a brand for USA. I agree with Birch in that we need to be participating in the committees and making our voice heard. We should do a full day retreat for USA where we actually meet together and make a plan.

Jack Bender: In speaking of mental health I think our best approach would be to create one unified campaign and then each tailor target it to their campus. Take the resources we create



and then incorporate stakeholders at your campuses. If we do it right, we can make a statewide impact.

Arturo Salazar: Motion for a short recess.

Jack Bender: Second.

Unanimous.

Meeting is adjourned to eat dinner and will reconvene at 9:35pm.

### ***NEW INITIATIVE IDEAS AND DISCUSSION***

Birch Eve: Mental Health appears to be one of our top priorities. Are there any other initiatives that we would like to advocate for?

Avery Harding: We recently met with It's On Us and it was really helpful so I'm not recommending that it be an initiative but recommend that every campus work with your Title IX office to continue that on your campus.

Tyler Cornia: I want to do something like "Spread Love" or "Stop the Hate" or something focused on promoting love and good in the world.

Arturo Salazar: I agree. Something focused on eliminating discrimination.

Sarah Ramaker: Are we hurting future Student Body President's by not creating something new and giving them something to work on when they come in?

Gregory Woodfield: I think this is an opportunity for us to close the chapter on mental health and then it opens the next group to start something new if they would like or perhaps we could create something towards the end that they could move forward.

Phill Raich: I don't think we can put a time frame on any initiative. I think we focus on our interest and then let them do what they want to do and what they're passionate about.

Ben Pok: Motion to make mental health a priority initiative.

Gregory Woodfield seconded.

Unanimous vote in support.

Birch Eve: I think it's critical that we work together to make this happen. I propose that we create three sub committees to move forward this initiative.

- 1) Create a branding campaign that can be implemented across the state at each campus. Sarah Ramaker would oversee this sub committee.
- 2) Legislative efforts in coordinating the bill and ensuring the letters are prepared are ready to move forward. Ashley Waddoups would oversee this sub committee.

Arturo Salazar: Motion to form two committees as stated above.

Ashley Waddoups seconded.

Unanimous vote.

List was passed around for sign ups regarding interest in sub-committee.

### ***COMMUNITY AND GOVERNMENTAL AGENCIES PRESENTATIONS***

Linda Zimmerman: You will be contacted by several people to come present and they will ask you endorse it and vote on support right then and there. DO NOT do this. Thank them for

coming and take the information back to your campus to really make a decision about your stance and then decide if USA will support it.

***FUTURE MEETINGS***

August 5, 2016 at Noon at Utah Valley University. Bring your personal schedules so we can schedule the remainder of the year for meetings.

***PSL EXPERIENCE***

Linda Zimmerman: Use the box to fill out the form about your experience.

***UPSIL PRESENTATION***

Tomorrow morning 9:15 am-10:00am. Spencer from the commissioner's office will be presenting for 10 minutes. We would love to have as many of you come as possible.

***ADJOURNMENT***

Arturo Salazar: Motion to adjourn the meeting.  
No sure who seconded it....so sorry!