

## **April 5<sup>th</sup> 2018 New Presidency Training Meeting**

Salt Lake Community College I Student Center 126 I 6pm

### **In attendance:**

- Michael
- Jaren
- Seth
- Jared
- Aynoa
- Junior
- Marc
- Maggie
- Dillon
- Simeon
- Sabi
- Jazmin
- Alexandria
- Dean
- D'Mia
- Jordan
- Lola
- Hayden
- Haven

**Advisors in attendance:** Linda Zimmerman and Peggy Hoffman

### **Not in attendance:**

- Rob Smith UVU
- Zach Berger U of U
- Connor U of U

Welcome and Introductions by Michael Scott Peters and the presidents

History of the Utah Student Association by Linda Zimmerman

Changes of USA and the progression throughout the years was discussed.

Past USA Initiatives by Michael Scott Peters:

ULA, Presidential leadership summit, UPSIL, Higher Ed day, Utah Wears Red, This Does Not Define Us video, Student Success, Graduate Tax Reform, multiple resources throughout the google drive, Group Me, etc.

Discussion of USA Binder and the contents therein.

These binders will be handed down to each incoming president as the year turns over. Contains contact information for previous and current presidents and a structure of what worked in previous years. Always subject to change to the needs of current presidents. Constitution structure was discussed.

Discussion of Budget by Linda

Is the 15 cents enough? Too much? Each president to discuss with their advisor.

### **Important Dates:**

-Utah Leadership Academy: May 16-18 @ SUU

- Presidential Leadership Summit June 8-11
- Park City July 11-12 (12<sup>th</sup> being UPSIL)

USA Meeting  
July 10, 2017

- In Attendance: Everyone but Ben Polk-Westminster. (Sorry I couldn't remember everyone's names.)
- Elections
  - Process outlined in constitution reviewed by Linda Zimmerman-Director, USU
  - President-
    - Nominees:
      - Michael Peters (Final nominee)
      - Seth Robertson
      - Aulola Moli (Final nominee)
      - Rob Smith (Final nominee)
    - Vote took place in effort to narrow nominees down to two candidates. First vote narrowed to three candidates. Second attempt to reduce to two-failed.
      - Motion made by Dillon Ostlund to allow for three final nominees, seconded by Dean Thacker, unanimous vote in favor.
      - Michael Peters elected as President.
  - Executive Vice President-
    - Nominees:
      - Hayden Carroll (Final nominee)
      - Dean Thacker
      - Aulola Moli (Final nominee)
    - Vote took place narrowing nominees down to two candidates.
    - Aulola Moli elected as Executive Vice President.
  - Legislative Vice President-
    - Nominees:
      - Dean Thacker (Final nominee)
      - Hayden Carroll (Final nominee)
      - Seth Robertson
    - Vote took place narrowing nominees down to two candidates.
    - Hayden Carroll elected as Legislative Vice President.
- Introduction of 2017-2018 Student Regent: Alex Trujillo
  - Brief introduction: UVU student, Digital Media major, grew up in Spanish Fork, enjoys basketball, photography, and snowboarding.
  - Overview of areas of focus for him as the student regent:
    - Mental Health
    - Our Schools Now
    - Increase Latino student population
    - Support towards 66% by 2020
  - Emphasis on being selected only recently and still doing research on each aspect. Will find out answers for questions asked.

- Has a community pulse been done regarding the 66% by 2020? What is the current percentage that the state is at?
    - Our Schools Now-has a community pulse been conducted?
  - Aulola Moli, WSU-How do you view the relationship between USA and the student regent? Are you going to support our initiatives? Are we expected to support your initiatives?
    - Alex Trujillo-Yes and no. It's a partnership. You have the things you need to do and focus on and so do I. Hopefully our initiatives and focuses will overlap where we will work together and have the greatest impact possible.
  - Alex Trujillo plans to attend monthly USA meetings, visit two campuses per month to become familiar with each campus needs and issues and will be added to the group WeChat texting group and email lists.
- New Initiative Ideas and Discussion:
  - Mental Health voted on by USA Board while attending the Presidential Leadership Summit Conference in Washington DC and will move forward as an initiative.
  - Discussion regarding history of USA and two initiatives. Every year with the exception of last year there has been two initiatives however so little has been done with them that no one knew.
    - Hayden Carroll, SUU-If we choose a second initiative then we have to be committed.
    - Tyler Anderson-Coordinator, SUU-Historically if our SBP hasn't done much with mental health so you have to be aware that some of you may not do anything.
  - Aulola Moli, WSU-motion to table the discussion of Our Schools Now to another meeting upon further research
    - No second motion.
    - Rob Smith, UVU-Our Schools Now could act as a third initiative coupled with something else because it's focused on Student Success to provide funding. I was against
  - Michael Peters, USU-Motion to move forward with determining a second initiative.
    - No second motion.
  - Ezra Hainsworth, DSU-Motion to declare Student Success as a second initiative.
    - Hayden Carroll-Student Success is very broad. What is "Student Success" going to mean to us?
    - Aulola Moli, WSU-I think mental health is the same way. We decide on something and then determine what it means fully later on.
    - Seconded by Dillion Ostlund.
      - Yay-Aynoa Rincon-SLCC, Ezra Hainsworth-DSU, Michael Peters-USU, Hayden Carroll-SUU, Rob Smith-UVU, Seth Roberson-Snow, Dillon Ostlund-BYU, Aulola Moli-WSU, Zach Berger-UofU
      - Nay-Dean Thacker-USU Eastern

- Abstain-None.
  - Motion Passes: Student Success will serve as the second initiative.
- Dean Thacker-USU Eastern- Motion to assign Aulola Moli to oversee Student Success initiative and Hayden Carroll to oversee Mental Health
  - Seconded by Ezra Hainsworth, DSU.
- Committee Assignments:
  - Mental Health-
    - Dean Thacker-USU Eastern
    - Dillon Ostlund-BYU
    - Ben Polk-Westminster
  - Student Success
    - Rob Smith-UVU
    - Aynoa Rincon-SLCC
    - Ezra Hainsworth-DSU
    - Seth Roberston-Snow
    - Zach Berger-UofU
- Future Meetings-All meetings will be held at Noon unless otherwise indicated.
  - September 8, 2017: Brigham Young University
  - October 6, 2017: University of Utah
  - November 3, 2017: Salt Lake Community College
  - December 1, 2017: Dixie State University
  - January 5 or 12, 2018 (Higher Ed Training): Utah Valley University
  - January 26, 2018: High Education Day at the Capital-State Capital Building
  - April 6, 2018: Training for Incoming Presidents/Student Regent Interviews-Board of Regents Building
- Budget:
  - Difficulties have been found where the USA funds are housed at a campus different than the Chief of Staff.
  - Moving funds year to year pending on the location of the Executive VP is also difficult because of the change each year to year.
  - Feedback from last year was to permanently keep funds at one campus, recommendation was UVU or USU due to the similarity.
  - Motion made by Rob Smith-UVU to permanently house USA funds at Utah State University with the primary oversight of Linda Zimmerman as a member of UPSIL.
    - Seconded by Ezra Hainsworth-DSU.
    - Motion passed unanimously.
  - Linda Zimmerman-Director, USU: Travel reimbursements for Ezra Hainsworth-DSU and Hayden Carroll-SUU.
    - Motion made to approve travel reimbursements to the respective institutions by Hayden Carroll-SUU.
    - Seconded by Ezra Hainsworth-DSU.
    - Motion passed unanimously.

- Motion made by Zach Berger-UofU to approve one meal paid for and provided by USA funds at each meeting.
- Miscellaneous Items:
  - Fun photo file-add your pictures to the file on the Google Drive.
  - Motion by Zach Berger-UofU to have the following constitutional changes drafted and formally proposed at the next USA meeting.
    - Seconded by Rob Smith-UVU.
    - Dillon Ostlund-BYU assigned to drafting changes for proposal.
- Motion made by Dean Thacker-USU Eastern to adjourn.
  - Seconded by Ezra Hainsworth-DSU.
  - Motion passes unanimously.

## USA Meeting Minutes

September 8, 2017 | BYU | Wilkinson Student Center 5519 | 12:00 PM

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### Attendees

- Michael
- Lola
- Hayden
- Alex
- Dillon
- Ezra
- Haven
- Ben
- Zach
- Dillon
- Seth
- Dean
- Ayona

### Not in Attendance:

- Rob

### WELCOME:

Michael proposed that Haven Thorson be voted Chief of staff. Hayden moved, Lola seconded, motion passed.

### Our Schools Now – Austin Cox

- A decrease of 1.2 billion dollars each year is given to Utah schools. We are losing fifty percent of our teachers due to lack of resources/funding. However, Roy schools, Salt Lake City School Districts, and Toole districts all were given extra money and saw significant benefits in graduation rates and the success of students.
- OSN would include an increase from 5.0 to 5.45% in the state income tax
- The contribution would be representative of a person's income. The more a person makes, the more is contributed.
- 15% would go to higher education funds.
- Money could be used for degrees and certificates awarded, graduate research, workforce needs.
- 113,143 Signatures needed
- Must get them by April 15, 2018- goal is by the end of this year.
- Talk with our institution's presidents to establish where they stand on OSN.
- Legislative feelings toward OSN is more negative, they believe OSN may be going behind their backs to increase funding for schools.

## LOLA'S OSN PRESENTATION:

- 56 Signatures per packet, must come from registered Utah voters, and must include name, address, and age.
- September 11-22 is to formulate your school's plan for signature collection. Appoint someone to oversee this project? Tabling, Dances, sporting events, leadership events could promote awareness.
- Sept 26-Oct 6 Carry out plan. Keep daily track of our progress. October 6 = total up how many more signatures needed to reach the goal.
- October 9-27 encourage student leaders to finish remaining packets-encourage friends, family, neighbors, roommates to obtain signatures.
- All packets turned in by October 27<sup>th</sup>, school winner will be announced by October 30.
- Make it applicable, learn the WHY
- Proposal for a competition between schools, pizza parties, candy bars, school swag, game tickets as incentives for collection of signatures.
  - Zach: numbers should be more proportional to the voting population. About 20% of student population turn out for the polls.
  - Austin: Set institution by institution goals instead or each individual school come up for a realistic goal for the number of signatures collected.

## PRESENTATIONS:

Parliamentary Procedure - Hayden: A way to keep meetings organized and efficient.

*Rules not Applicable:* amend a motion, verify a voice vote, reconsider a hasty action, protest breach, vote on a ruling, suspend rules, avoid considering an improper manner, verify a vote.

-To make a comment: raise plaque, Hayden will acknowledge, Michael will call on you.

-Point of Information: must be outside information that you can contribute.

-Point of Clarification: relevant *questions* about the subject.

Constitutional Amendments – Michael:

- The USA Budget will be housed at Utah State University
- All USA members will be required to attend in their entirety all conferences, seminars, retreats, etc which they are sent by their student fees. \*Including USA meetings
- Let Michael and Haven know when a president will not be attending, send a representative.



- Lola: where and when does the mileage reimbursement come from? Individual schools or from the USA

Michael proposed a motion to add these updates to the constitution. Hayden moved, Lola seconded, unanimous assent.

#### **BUDGET APPROVALS:**

- USA Fees: UofU, BYU, SUU still have fees due.
- Travel Reimbursements: 120 miles one way will result in reimbursement from the USA budget.
- Mental Health Video: Michael proposed an open amount for the production of the video
- USA Thank you Cards: group photo included for all presenters and institutions. \$30 budget
- USA Website: \$196

Moved by Hayden to approve budget approvals, seconded by Ayona. Motion passed.

Moved by Michael to move to committee updates, seconded by Ezra. Motion passed to split to committees.

**DACA Discussion – Michael:** Decisions must be made carefully in such a way as to not isolate students. Press release from USA. Promoting inclusion, positivity, and love. Ben will draft a press release for DACA and it will be sent out in a google doc.

Dean: Show our support through multiple medias

Ben: Let's write a letter as USA and have students sign in show of support. Ben will draft a press release from USA and will share it with the presidents by Saturday night. Excel sheet for signatures from the students?

Alex: Board of Regents has not discussed DACA yet but will discuss next week and report back on what their stance is.

\*Mexican Consult will be lending financial support and legal service.

**Student Success Initiative - Lola:** Schools will commit to 25 packets each. Let Lola know if you as a president are onboard or not. As for this semester, we will be focusing on OSN. Next semester will be moving on to the student success initiative.

**Mental Health Campaign – Hayden:** Each president is to meet with their CAPS director and discuss their mental health goals. Contact Hope Squads and brainstorm ideas on how to improve awareness for positive mental health.

Ben: who to contact within the university to create a Hope Squad class? Ezra will find out.

Hayden: We want to come up with efficient and accurate ways to bring mental health awareness to our campuses.

Seth: Texas University came up with cards containing information to prevent suicide, anxiety lines, mental health hotlines, etc.

Hayden will contact each president to determine where each president stands on thoughts and ideas to help with mental health.

Michael entertained a motion to move to campus updates. Motioned by Hayden, seconded by Seth.

## **CAMPUS UPDATES**

**Dillon (BYU):** Students and leaders of different groups and organizations meeting together to promote a support network.

**Michael (USU):** Upstanding Training for student leaders and faculty to become more actively engaged in being a support network. Working on releasing more videos and online content about “You Matter” program. Student guest speakers including LGBT, rape victims, and disabled.

**Lola (WSU):** Hate posters were posted around campus. Diversity board put together an open discussion about what was happening. Marketing team is focusing on advertising to all students. Ravioli with Moli promoting interaction with the president.

**Hayden (SUU):** obtaining a medical center. Constitution amendments are being implemented. New business building in the making but creating parking problems. Largest incoming freshmen class.

**Ezra (DIXIE):** Multicultural and diversity inclusion focus. International student services office renovated. New Rec center in the process.

**Aynoa (SLCC):** enrollment increased by 5%, student pavilion on Jordan Campus is expanding for more student resources. More student interaction and security are both being promoted within the SLCC community. New food pantry on Taylorsville campus. Week long training on sexual assault and being more aware of each other.

**Seth (SNOW):** Initiatives put in place to include freshmen and promote inclusion.

**Zach (UofU):** offensive signs posted on the U’s campus. Ben Shapiro is speaking at the campus, resulting in the possibility of protests. Free speech must be maintained. Remain caught up in current events and the effects they have on each of our campuses.

**Dean (USUE):** USU Eastern has now transferred from CEU to USUE Aggie Eagles. Alumni association and alumni butting heads over name change.

**Rob (UVU)**

**Ben (Westminster):** President of the college announced his retirement. DACA and free speech are both big focuses.

Michael moved that we move to proposal updates. Motioned by Hayden, seconded by Dean.

#### **PROPOSED UPDATES:**

- All presidents are invited to attend the U's Mental Health panel  
Hayden: SUU's CAPS director asked me to attend, possibly talk to your CAPS office.  
\*\*Ben: Possibility of a winter retreat?  
SLCC meeting on Nov 3 moved to Westminster.
- Approval of OSN reward budget  
Hayden motioned to adjourn, seconded by Seth, unanimous adjournment.

#### **Action Items**

- Come up with a realistic goal for your institution of how many signatures are realistic for your campus. Contact Austin as soon as you can with your goal in order to pick up your packets.
- Ben will have a USA DACA letter and DACA information paragraph drafted by Saturday night, all presidents will have an opportunity to review it and add input.
- All presidents are encouraged to read up on DACA and gain a firm understanding in both sides.
- Contact institution's Hope Squads and brainstorm goals this year for mental health.

#### **Dates:**

- **October 6: UofU**
- **November 3: Westminster**
- **December 1: Dixie**
- **January 11: UVU**

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September 8, 2017 | BYU | Wilkinson Student Center 5519 | 12:00 PM

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## USA Meeting Minutes

October 6, 2017 | University of Utah | ASUU 234 | 12:00 PM

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### Attendees

- Michael
- Lola
- Hayden
- Alex
- Ezra
- Haven
- Ben
- Zach
- Seth
- Dean
- Ayona
- Sabi Lowder (for Ben)
- Tanner Mcquivey (for Rob)
- Regent Pat Jones

### Not in Attendance:

- Rob
- Dillon
- Ben

**WELCOME:** Michael moved to skip to budget approvals before our guest speaker Pat Jones.

### Public Forum:

**Board of Regents Patricia Jones:** Mental health is one of the most prevalent problems on Utah campuses. Utah has not participated in the past with mental health campaigns until recently. Recommendations:

1. Assess the mental health and wellness needs of the Utah students; every institution will gather data about their specific college and report back.
2. Improve mental health education at all Utah institutions- increasing awareness and the ability to refer students as needed. Each institution will provide mental health first aid training to all faculty. All in favor of saving lives. Students will be required to receive mental health training. People will be put in place at our institutions to help implement these campaigns.
3. Increase Access to Mental Health Services- working with the community and region to increase access to resources for mental health. WICHE brings in interns working on their doctorates to provide more mental health support. Increase after hours and weekend hours for counseling/psychological help. Implement SafeUT around Utah as well as a representative on each campus.

4. Develop institutional five-year mental health implementation plan- when an institution hosts the board of regents, the institution will present on progress and efforts on mental health issues.

Mental health problems are more relevant today more than ever.

Regent Jones: what other issues are prevalent among our institutions and how can we help as we continue to work through mental health? Stigma Reduction campaigns are being implemented and perfected throughout our campuses.

**\*\*Navigators Academy: preparing our youth to lead (Jim Wall)**

**SafeUT- Michael:** Download the app and become familiar with it.

**Fear Factory – Lola:** the Fear Factory website will open for 24 hours this weekend with two options; 1. Over 40 tickets bought = \$16. 2. Promo code will be available for \$18 tickets. Valid throughout season. Must be bought online, can go a second time for \$10. Promote on social media. \*Spencer Terry\* [spencer@fearfactoryslc.com](mailto:spencer@fearfactoryslc.com)

#### **Budget Approvals:**

Higher Ed Day room rental at the state capital and USA Thank you notes. Air B&B for Dixie retreat would be less than \$300.

Michael entertained to approve the budget. Ezra seconded, motion passed.

#### **\*\*Committee Breakouts\*\***

##### **Committee Updates:**

**Mental Health Campaign:** Three action items: meet with your CAPS director, create or support your Hope Squad, look into effective or efficient training companies (ex: active minds)

Sabi: de- stigmatizing going to therapy- notes around campus. Hayden: comedy aspect available, link will be sent through the group chat.

Dean: cost will be lessened if campuses come together for speaker to “go on tour”.

**VIDEO SCRIPT:** Recording will be done December 3<sup>rd</sup>. Facts and statistics should be added to the script, **\*\*Hayden will finalize the script before next meeting\*\*** Video will be ready the first week of January, Alex: student group is making a video as well, USA will view and decide to approve or not.

**Our Schools Now- Lola:** Austin Cox understands that each president will do what they can for their respective campus. Ezra and Dean , Seth and Rob, Zach and Hayden, Ayona and Michael, Lola and Ben = will follow up with progress made by Our Schools Now efforts. Lola will follow up with everyone’s progress to Michael. Student Success week- showing the resources available. Voting week- helping the students get involved even by voting. Promoting peaceful and respectful elections throughout the candidates.

## **New Business:**

**USA House Rules: Michael-** google doc will be created for our House Rules to be approved next month in our meeting. Meeting times should be set

**Hope Squad: Ezra-** Mirror decals around the bathrooms to promote positive thought processes. Dixie has made the Hope Squad into a one credit class. Ezra will share all the information from the new curriculum.

**USA Retreat: Michael-** Air b&b for Thursday, Friday, Saturday. Ayona will be in charge of activities, Ezra will be in charge of bigger activities. Personal budgets will be used for most activities outside of food, travel, and lodging. Dean and Seth will be in charge of meals. Meals will include Friday: breakfast, lunch dinner and Saturday Breakfast. \$11:50 Breakfast, \$20.70 for dinner

## **Old Business**

**DACA Discussion: Sabi Lowder-** it's hard to come to a conclusion when we don't know what we want our end result to be. Lola: we are very strongly opinionated in our letter draft and we can't take such a stand for our entire campus. Reiterate the importance of coming up with a solution. Focus on what we would like to see happen and to come up with a solution. The purpose of this letter is to ask the representatives to be aware and represent this issue. What does it mean to "protect" DACA- letting them stay here, while also protecting their job rights, and fundamental education rights. The stigma of DACA only applying to people of color is false, DACA individuals can be anyone.

\*\*Document will be edited by Sabi and resent to all members. Document may be signed if each individual feels comfortable, but not as USA as a whole. \*\*

## **Campus Updates:**

**Hayden:** QPR training, new business building, ground broken for new athletic building. Regularly hold one-on-one meetings with student government. My Voice videos going out through campus.

**Lola:** genocide awareness project posted on campus. Students were able to discuss freedom of speech and see what respectful freedom of speech looks like. New York Times gave full access to all material throughout the world- available to all student populations, contact Lola. LGBT community = promote love for all but not necessarily agree with what they believe in.

**Zach:**

**Ezra:** group therapy sessions are starting to be implemented, Las Vegas vigil held in support of community.

**Seth:** Sexual assault awareness week, suicide prevention campaign, and of course, sheep herding.

**Ben:** presidential search continues, survivor victim advocacy, suicide prevention week in the process,

**Rob:** New VP search.

**Dean:** first homecoming will be next week, Aggie identity is still being promoted. Light Bright Dance with proceeds going towards Las Vegas victims. Charging for a dance can include a reason *why* which will help students understand the cost.

**Ayona:** genocide awareness campaign-no violence but a lot of yelling, freedom of speech was discussed. Black and White dance was held for the food pantry. Harvard conference training for leadership. \*\*Contact Ayona for more information

**Michael:** make sure to check in regularly with your officers and senators, make sure they are doing well, etc.

#### Dates

- **November 3: Mental Health Panel**
- **November 3: Westminster**
- **December 1: Dixie**
- **January 11: UVU**
- **April 6: Commissioner's Office**

#### Action Items

- **Download the SafeUT app and become familiar with it**
- **Look into the Navigator's Academy**
- **Advertise Fear Factory Promotion**
- **Look into QPR Training for your staff**

**USA Presidency Meeting Minutes**  
**October 6, 2017 | University of Utah | 10:00 AM**

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**Attendees:**

- Michael Scott Peters
- Hayden Carroll
- Lola Moli
- Haven Thorson
- Molly Ward (WSU Union Director)
- Tera

**Items of business:**

Mental Health: Pass-out cards for our Mental Health campaign.

Higher Ed Day: include SafeUT

USA Retreat: Dixie meeting would be Thursday through Saturday.

- Less than \$300 a night
- Activities coordinator- suggest Ezra?  
Lola: would Ezra be willing to be over activities and Ayona over team bonding activities?  
Breakfast, lunch dinner on Friday, and Breakfast on Saturday
- Groceries for Friday meals with the exception of dinner

Michael proposed USA House Rules

Dress standard could be addressed

Set the standard for business casual, but December's meeting would have amended house rules for the opportunity to wear polos.

Lola: are house rules even more constrictive? Possibly take a vote to determine the feelings of USA for constructing house rules.

Michael: the house rules would be a guideline to help clear up confusion on the standard of conduct

**BUDGET**

We need to save money for next year's USA Members to travel to Washington DC.

Lola: use our money to build our initiatives bigger and better, as to avoid underutilizing our budget.

Michael: other ideas for budget usage?

Lola: Uniform marketing for resources available on each campus?

Snapchat initiative to promote resources

During elections week: USA sponsored civic engagement promotion. USA could provide support for the candidates running for office. A thank you for getting engaged.

Michael: while promoting civic engagement, Care for the Candidates. De-stress fest,

Tera: as a USA body, what can we do for the student body at large to promote them to be involved and engaged in their government? How can we get people to run for civic engagement positions. Reaching out with students around campus to find people to fill positions.

Lola: sitting down with all candidates running to establish a friendship. When a candidate is found breaking rules, not to assume they are doing it purposely, but to approach them one on one and as a friend before filing a grievance.

Lola: more face-to-face interaction in campaigns instead of popularity and being well-known.

#### **Mental Health Video:**

Video Call to Action: be an active bystander. Where peers support peers. Students engaged in helping other students.

Hayden: mental health committee will finalize the mental health video script.

Mental Health Video: our videographer could travel to our retreat and film on Friday. Our retreat could be our filming time.

Hayden: The script could be ready by November third, the only reason to push to December to film would be to gain a different location.

\*pros of filming in December: everyone will be at the retreat, less of a long day...our mental health is important as well.

Video: Statistics nationwide as well as Utah wide.

#### **Mental Health Panel:**

Be ready to present with initiatives our schools are implementing.

**DACA:** Unified in our decision, we will never force anyone to sign our statement. Michael: get our document to where the majority of people feel comfortable signing it, and all those who aren't comfortable, don't feel pressured.

What rights are we defending for the DACA recipients? What document can we draft as a body to make it a document for all?

Molly: sending a letter that is neutral and doesn't take a stance is almost pointless because we haven't come to a conclusion.

Lola: do we even need to come up with a letter? Is it going to be as effective as it should be if we cannot all agree on it? What other ways could we take a stance on our DACA position?

Michael: sending Mexican Consulates to campuses for students? What if each of our campuses had legal resources available each week for students, especially undocumented students, to provide services for them to understand what is actually going on. ***Know your rights!***

**Action Items:**

**Hayden:** finalize mental health script before November 3<sup>rd</sup>.

**Lola:** talk with Weber's CAPS about things to share at the Mental Health Campaign,

**Michael:** find out if Talon is available for the December 3<sup>rd</sup> retreat

\*\*House rules shared with all USA Members.

## USA Meeting Minutes

November 3, 2017 | Westminster College | Burton Conference Room | 12:00 PM

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### Attendees:

- Michael
- Lola
- Hayden
- Alex
- Haven
- Ben
- Seth
- Dean
- Gage Marberger (representing UVU)
- Kyle Cummings (representing Dixie)
- Austin Lemon (representing SLCC)
- Linda Zimmerman

### Not in Attendance:

- Aynoa
- Rob
- Ezra
- Zach
- Dillon

### Welcome:

Motioned by Michael and seconded by Lola to veto penalization of Zach for missing today's meeting. Motion passed unanimously. Moved by Hayden that we approve minutes from last month's meeting, seconded by Dean. Motion passed with abstentions from Gage, Kyle, and Austin.

### Public Forum:

**Mental Health Panel- Hayden:** CAPS and psychological help was invited to attend, invitations to come next year for all presidents. Shifting the mindset of the role the students play in supporting each other. Michael: because of the difficulty in finding funding, it's up to the students to come together.



**Budget Approvals:**

Lola: Budget approval of \$6400. Hayden moved with Ben seconding that \$6400 be encumbered for next year's presidents.

**Regent's Unified Budget:**

Reducing barriers to completion is where USA plays a key role; FAFSA, mental health, etc. As presidents, we play a key role in promoting unity and bringing our students together. Alex: this is the most applicable place we as presidents have a role.

**Committee Updates:**

**Hayden:** video script will contain less statistics and more focus on positivity. Hayden will be contacting each president to obtain statements to be added to the video to make up a new script. Higher Ed day will be on January 26th. USA will provide lunch for each president plus 9 other students. Contact respective legislative representatives prior to higher ed day.

**Lola:** Getting the resources out to the students. Every university would receive a neon shirt in their color with Yoda "help you, I can" on the front while the back of the shirt would contain all the social media handles for the university. Each social media platform would highlight different resources available for students for a week. "Walking resources", first/second week of school, midterms, and finals would be when it is highlighted. Alex: licensing problems with Yoda's face? Students can vote through Canvas - Seth and Lola will discuss. Lola will create the best way to vote/promote elections. Names of students who would be good in leadership positions could be submitted to provide a wider pool of candidates for elections. Discuss among respective presidencies.

**New Business:**

- USA House Rules: provides guidelines for USA meetings and a standard procedure. These rules will help us now and in the future for the following presidents. Rules may be amended at any time. House rules revised and updated. Michael entertained a motion to approve House Rules, Hayden moved, Kyle seconded. Motion passed unanimously.
- Campus Wear Red Day: Michael will share the graphic with all of the presidents to spread to students. Monday all campuses are invited to wear red in support of ChenWei and the University of Utah. Seth: get a picture of each of our campuses with We Stand With U and send to Zach. Lola: is there a hashtag associated with the wear red movement? #UnitedforUtah
- Promotion of FAFSA and the upcoming registration.

**Old Business:**

USA Video: casual dress for retreat. Airbnb reserved for 16 people, outline will be sent as it gets closer. Thursday- dinner at 8pm together. Friday- presidency meeting and general meeting, filming of the video, hiking, etc. Saturday- last minute filming, drive home. Lola, Dean, and Seth will discuss food plans.

**Campus Updates:**

Alex: Be aware of your interactions with your legislators and representatives.

Kyle (Dixie): Ground-breaking for new rec center. Hope Squad has been QPR certified and is becoming more influential throughout campus. Working to promote well being and a unified campus.

Lola: Starfish program started for teachers to track their students. Provides a way for professors to check up on their students when they aren't attending classes. Meet and greet with the senators and students to learn more about their roles. Meetings throughout the month to promote interactions with the presidency.

Hayden: Meeting with SUU presidencies to promote visibility throughout student body. Starting a midterm grade for students to provide accountability for professors. My Culture is Not a Costume campaign throughout the campus, any ideas to combat this? Austin: sending out a notice ahead of time to get the discussion going. Lola: student leaders who have a valid opinion could be used to educate the students.

Michael: Aggie Heros- ted talks format designed to talk about overcoming challenges and coping with difficulty. Highlighting individuals throughout campus who have overcome challenges to become better.

Dean: Attended Utah State up in Logan for a leadership exchange and the HOWL. Open Calls- student advocate talks with students throughout the campus at various times to address problems and student concern. Talking one-on-one with the students. Renovating the food services

Seth: New science building has been dedicated, Soup Night to promote unity throughout the campus. Seth wants a woman for christmas.

Ben: ASW is creating a plan for a women's center with LGBT services. Redoing communication strategies and hiring new social media director. Foundations of Inclusion initiative started to promote inclusion for all students; LGBTQ, mental health, etc. Elect Her promotion to support election of female candidates.

Austin (SLCC): New food pantry created and campaigns promoted to get the word out. Free flu shots provided by the wellness center.

Gage (UVU): became accredited and appointed a new vice president of student affairs.

Moved by Seth and Seconded by Dean that we adjourn the meeting. Meeting adjourned at 3:10pm.

**Action Items:**

- Contact legislative representatives about Higher Ed Day
- Update constitution with House Rules
- Bring polos, game day shirts, jackets, school emblems etc for the December retreat.

**USA Presidency Meeting Minutes**  
**November 3, 2017 | Westminster College | 11:00 AM**

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**Attendees:**

- Michael Scott Peters
- Hayden Carroll
- Lola Moli
- Haven Thorson
- Linda Zimmerman

Mental Health Panel: review with the presidents what was discussed.

Food follow-up by Lola for our retreat. Stressing the importance of attending the December retreat. Agenda needed for the retreat. Lola: reach out personally as a presidency to each member to make sure they will be present for video. Westminster Thank you for graciously hosting us! The meal was amazing and your staff was so helpful. You have a beautiful campus and we are grateful for your hospitality!

Thursday: travel day (encourage to come early for 8pm Cafe Rio dinner together)

Friday: breakfast and presidency meeting at Dixie State

Unified Budget attached- let everyone know our goals prior to Higher Ed day.

Collection of signatures for Our Schools Now: presentations in classrooms to get the word out.

Mental Health Action Plan: pass-along cards? Hayden: look into details about Higher-Ed day (Linda). Pat Jones as a guest speaker?

Michael: look into Brandon attending January meeting for USA meeting training. Continue presidency meetings each month but online.

Discuss timeline for our meetings. General meeting will commence at 12 and can go up to 4. Discussion of House Rules; set the expectation for USA and its meetings.

**USA MEETING MINUTES**

**Dixie State University**

**December 1st, 2017**

<b>Agenda Item</b>	<b>Discussion</b>	<b>Action Item</b>
<b>Welcome: Michael Scott</b> approval of minutes	Attendance: Hayden Carroll	Moved by Dixie State Second by Southern Utah University
<b>Public Forum</b> Board of regents   Nina Barners	Not present.	
<b>Budget approvals</b> (handout of the budget)	<p>Weber State: The only new thing in the budget is for t-shirt for student success depending on what the committee decides. Will be approved in next meeting. Target for the end of the year to pass along to next year \$1600.</p> <p>U or U: maybe if there is a chance to lower dues to make it fairer for all institutions.</p> <p>UVU: There hasn't been any years that the schools that pay more get any more benefit. UVU is paying for everyone else to pay for other institutions. Possibility of everyone paying the same amount and paying extra for any other benefit for USA (presidents)</p> <p>Keri Mecham: Maybe having a graduated rate and undergraduate rate. What are we spending now and what do you need for the future? Having 30% extra in case of an emergency. Smaller schools are supported by bigger schools.</p> <p>UVU: UVU is striving to keep students' fees low. I think by lowering rates we can create more equality.</p> <p>USUE: Maybe going to Washington DC is not beneficial anymore. But students at my campus are paying the same percentage as students at UVU.</p> <p>U of U: I don't know what we are? We don't know what we are going to do? Are we an</p>	<p>Created working group formed by: Seth (Snow college), Dean (USUE), Zach (U of U) and Rob (UVU)</p> <p>In order to come up with a plan of how to solve USA fees situation in the best manner. Initiatives will be voted in our next USA meeting.</p>

	<p>advocacy body? Costs are not significant is we are just supposed to lobby.</p> <p>Weber State: What we do depends on us. That is what the DC trip is for, to get ideas and inspirations for our goals for the year.</p> <p>UVU: Right now our purpose is to take things to the legislature every single year. We should re-evaluate what the purpose of this body is.</p> <p>U of U: Bills we have introduced in the past have not been successful. Take two days related to legislature 1) evaluate bills, 2) fight to support students at the legislature</p> <p>USU: Reminded group we don't meet in March because that's when elections are happening in most schools. Maybe looking at this body in two ways: 1) Legislature and 2) Community. The goal of Higher Ed. Day is to have students meet face to face to legislatives.</p> <p>USUE: Is the problem the DC trip? Or us staying here?</p> <p>U of U: The problem is that my school is not receiving what is being paid.</p> <p>Weber State: We as an USA board need to come together and defined what we need and how much it will be.</p> <p>UVU: The board should collaborate with each other more. Each institution has their own initiative, by trying to push initiatives for USA in general, that might be a disadvantage for institutions individually.</p> <p>USUE: If there is no subsidization for the two trips (DC and St. George), USUE will not be able to be part of this body.</p> <p>USU: I suggest creating a working group formed by:</p>	
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	Seth (Snow college), Dean (USUE), Zach (U of U) and Rob (UVU) to come up with a plan of how to solve this situation in the best manner.	
<b>Committee Breakouts</b>	Each committee met for 45 mins	
<b>Committee Updates</b>	<p><u>Mental Health at Higher Ed Day - Hayden Carroll</u>  Jan 26<sup>th</sup> Higher Ed. Day. He has contacted 4 speakers to talk about how to lobby. Presidents are required to do the following things:</p> <ol style="list-style-type: none"> <li>1) Up to 10 people will be provided lunch. You can recruit your own people to provide lunch.</li> <li>2) Have people contact their representatives.</li> </ol> <p>Legislatures are available for you because they know Higher ED. Day is coming up.</p> <p>Most institutions have government relations, find that person and ask about initiatives for the institution.</p> <p><u>Student Success Initiative - Aulola Moli</u></p> <p>Initiative will be used in campus that most needed (up to each president). Giving up to 100 shirts to each school, with their own school colors. Recommended using during the first or second week of the semester.</p> <p>USUE: Are we giving this to everybody?  Weber: mostly the student government, but other departments can also wear them too. Just let her know if you are interested</p>	
<b>New Business</b> Graduate Tax Reform – Zach Berger	<p><i>Letter handout</i></p> <p>Two tax bills have been proposed (federally). There are an immense amount of differences between the house bills and the senate bills is. The one that affects students (specially graduates). This removes stipends and scholarships, tuition waivers will be taxable. There will be vast reduction of the amount students are getting any kind of financial aid. The idea</p>	Hayden and Zach are going to draft a letter as soon as possible and send it to USA.

	<p>behind is that there are to many loop holes in the tax code. Eventually what they believe will happen, the amount of people they can keep is better. As for students, this affects them because it is taking money away from them. The government is taxing a very low-income population at a very high rate. As USA, we should at least say something.</p>	
<b>Old Business</b>	None	
<b>Campus Update</b>	<p>Southern Utah University: Senate changed bylaws to get rid of names in the poll. Had BSU students in the senate meeting who felt were treated discriminatory.</p> <p>Weber State University: 1 of 2 universities in the state of Utah doing a dance marathon to help Children's Hospital. Trying to create education week before elections. Trying to switch elections to Canvas</p> <p>UVU: UVU basketball played Kentucky and Duke. Revenue from this trip was \$20 M. Getting ready for elections. President Holland is leaving UVU.</p> <p>USUE: New CAPS director. Good Month.</p> <p>Snow College: Everything is going well. Advocating for mental health.</p> <p>SLCC: De-stress events coming up. Elections applications are opening. All student government working on food insecurity goals. Forum in social ethics and diversity and inclusion series on religions and social ethics. 2<sup>nd</sup> multicultural resource center opened</p> <p>Dixie State: Miss Dixie International was successful. Hot topic: Fitness dress code. Open their veteran resource center.</p>	<p>All institutions should share their bylaws in the USA google drive.</p>



	<p>UofU Restructuring ASUU. Counseling center funded by student fees. Trying to fix parking situation.</p> <p>USU President's Cabinet Dodgeball tournament is tonight. De stress events for finals week. Revamping Bylaws: election process to avoid conflict with freedom of speech violation.</p> <p>Video rundown: This Does Not Define You</p>	
<b>Meeting Adjournment</b>		<p>Moved: Snow College Second: USUE</p>

## USA Meeting Minutes

January 11, 2018 | Utah Valley University | Student Center 213A | 12:00 PM

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### Attendees:

- Michael
- Lola
- Alex
- Ezra
- Haven
- Seth
- Ayona
- Rob
- Brayden O'Brian
- Linda Zimmerman

### Not in Attendance:

- Zach
- Dean
- Hayden
- Dillon
- Sabi

**WELCOME:** Michel welcomed Brayden O'Brian and the approval of the minutes with a unanimous approval. Meeting minute approval will be continued through email.

**Budget Approvals:** Lola led the budget approvals. Unanimous approval, approval will be continued through email. Rob: concerns on student fees being used to pay for USA. Students throughout Utah campuses are paying the same amount of fifteen cents that goes toward the USA budget. Budget may be lowered next year to eliminate the extra \$15,000 left over. Linda: the USA is not designed to focus on the needs of individual schools but on Utah students as a whole. Understanding the needs of each other's campuses and the networking that comes from the Utah Student Association is vital to improving issues that are present on all of our campuses. The 15 cent fee can be brought down, USA has only been what it is for the past 3 years. Rob: is the main function of our board to support each other or to lobby for bills we find important? If it is just a support group, should presidency stipends be administered? Lola: understanding what the USA board actually is, is so important for the next presidency to understand. This board is not necessarily for the passing of bills but for the bettering of the students of Utah as a whole. Brayden: USA should be available for ideas for each other, but this body, more than any others, is the most impactful when it comes to passing bills for the welfare of students. No one represents the Utah student body more than this group and has more of an impact for the students. Michael: we come to this meeting thinking less of our personal institution and more of the

state of Utah as a whole. Possible clarification in the USA mission- we come together for the purpose of *all* of the Utah students. USA is more of a collective good.

### **Higher Ed Day- Brayden O'Brien:**

Lobbying- communicating with a public official for the purpose of influencing either the passage, amendment, or postponement of legislative or executive action. Lobbyist provide accurate information to legislators. In 2017, USA declared mental health a crisis and urged organizations to work together to improve resources available to students. They also urged student body members to create a report "Board of Regents Mental Health Working Group Report and Recommendations" Follow up with legislators about progress made, our \$8 million dollar request to help improve mental health services. Tips for meeting with our legislators include being prompt, patient and flexible. Be personal- make connections and thank them for their time. Keep things short and focused - no more than 10-15 minutes. Be credible and to the point- professional but firm and always send a follow-up. Statistics are great, but making your point personal and relevant is even more impactful. **The key message to impart to the legislators:** Thank them for supporting our bills past in 2017, examples of what we each are doing on our own campuses to solve the Mental Health problem, and focus on our attempt to gain funds to implement those changes. Student Civil Liberties Protection Act- Brayden specifically promoted looking more into this act. Lola: if we are awarded this funding, will it be put toward the mental health initiatives we are trying to implement now? Michael: the university presidents and student body presidents will attend a meeting to decide how the money is administered.

### **Mental Health Video:**

Spread throughout our different forms of social media, also will be posted on our USA website. Mental Health does not define us, we can start over. Will be shared through the USA facebook as well. Direct people to the website and the facebook page. Lola: organize our focus and statistics for mental health and post on our website.

### **New Business- Lola**

**Student Regent Applications:** same student regent will not be appointed again. Promotion of Student Regent Application to students who you believe would be an asset to USA and the students. USA presidency will go through the applications and choose the top 8 for the presidents to vote on in April. The top three will be sent to the Governor to choose from. The deadline to apply is March 26 and applications are submitted online. Alex: if needed a presentation can be put together to explain what a Student Regent does and brought to our individual campuses. Presidents: reach out personally to people you know would be a great addition to the Board of Regents.

Lola: proposal to meet before our April training to discuss what we want to convey to the new presidency next year. Ezra: meeting the night before to prepare the presidents in a more casual setting and allow them to get to know each other. April 5-6 a possible Airbnb with the new presidents to promote bonding and to help answer questions.

## **Mental Health Initiatives throughout our Campuses:**

**USU:** Resilience trainings to promote coping strategies. QPR training is included for all councils. Student fee created to increase access to counseling. Two new counselors hired and a new class created to learn about mental health. Aggie Heros created for students to speak about different physical/mental challenges they have overcome. Talks are recorded and promoted through social media. Mental Health week dedicated to understanding and supporting the mental well being of the students. Suicide awareness walk to promote understanding.

**UVU:** Last week was dedicated toward mental health. \$75 cent increase in student fees to bring 1 counselor to every 3000 students. Avoiding increasing student fees specifically toward mental health to avoid legislators leaving more funding up to the students themselves. Physical health was promoted last year in hope to help in turn with mental health.

**WSU:** New counselor hired, educating students on how to help themselves in regard to mental health. Self-help tips are being distributed through campus. Self-help is being promoted and how to learn the difference between a “hard time” and a “crisis”. T-shirts will be distributed throughout the campus in February to learn more about different resources available to students.

**SLCC:** Mirror decals in various bathrooms, working on coming up with a mental health video throughout the different campuses. Opening new gyms in south city and Jordan campus. Expanding two new counseling centers.

**DSU:** relocation of Health and Counseling Center closer to campus, implementation of \$5 fee increase to enable free counseling to all students. New fitness center will be completed in a year and a half. The Hope Squad is now a practicum class and offering QPR training. Working on finding ways to get more people involved in the Hope Squad. Mirror decals in various bathrooms. Group counseling sessions have improved the wait time to see a counselor. First Master's program being approved.

**SNOW:** Student fee increase brought about a counselor to the richfield campus. Working on finding more space for counseling. Handouts and food being handed out to promote the counseling services. All student leadership receiving QPR training.

**Alex (Board of Regents):** Listening tour to ask students questions about how the Regents can help with timely completion- touring the different campuses throughout Utah.

Michael moved to adjourn the meeting, Lola seconded, motion passed.

### **Action Items:**

- Discuss April 5th-6th Airbnb retreat with the new presidents to help them feel more comfortable with each other and provide a place to ask the new presidency questions. \*will require approval of the budget\*
- If needed, Alex can put together a presentation about the Student Regent Application for each school to give more details about what it entails.
- Be thinking about students who would be interested in becoming next year's Student Regent, and reach out to them.
- Work on promoting the Mental Health video through the USA website/facebook page (it will be up on both sites soon)
- Find out all of the interns from your school at the capital to set up meetings with. (some legislators only allow meetings through these interns.) The state capitol website will have the links to the contact information with these interns. Meetings can be set up between 11-2pm.

### **Future USA Meetings**

January 26: State Capitol

April 5th-6th: Possible retreat with future presidents

April 6: Commissioner's Office